

Child and Youth Programs

NIAGARA WEST SUMMER 2026

REGISTERED PROGRAMS

June 28 - August 29

KidFit Cardio	Ages 3-6	Thursdays	5:30pm - 6:00pm
Scientist in the YMCA	Ages 6-12	Thursdays	6:15pm - 7:00pm
Volleyball Skills	Ages 6-12	Saturdays	11:45am - 12:30pm

DROP-IN PROGRAMS

Active Child Membership Required for Drop-In Programs

Child and Youth Drop-In	Ages 3-12	Mondays	5:30pm - 7:30pm
Child and Youth Drop-In	Ages 3-12	Tuesdays	5:30pm - 7:30pm
Child and Youth Drop-In	Ages 3-12	Wednesdays	5:30pm - 7:30pm

No programs on July 1 & August 3. Drop-in program times subject to change, check GymMaster for updates. Participants are divided up into age appropriate groups based on registration numbers.



Monday, Tuesday, Wednesday 4PM - 6PM (Small Gym)

Saturday & Sunday 8:30AM - 11:00AM (A/B Room)

Get more with a YMCA Child Membership

- ✓ Priority Registration for Registered & Specialty Programs
- ✓ One Registered Program
- ✓ Membership discount on additional Registered Programs
- ✓ Unlimited Open Swim, Open Gym & Drop-In Programs
- ✓ Membership discount for a YMCA Birthday Party
- ✓ Fitness Floor Access for Members (10-12) with a guardian



Register
Online Today