



FOR IMMEDIATE RELEASE

Niagara Moves for Kids: Community Comes Together to Support Local Children and Youth

NIAGARA, ONTARIO, April 17, 2026 – On Saturday, April 11, communities across Niagara came together in a powerful show of support for children and youth through the YMCA of Niagara's annual [Move for Kids](#) event.

From early morning classes to family-friendly activities, participants of all ages showed up ready to move with purpose. Across the Niagara Centre YMCA in Welland, Niagara West YMCA in Grimsby, Port Colborne YMCA, and Parkway Social in St. Catharines, the energy was felt in every space, as families, local businesses, community partners, municipal leaders, and YMCA staff joined together to make a difference.

Thanks to that collective effort, this year's event raised nearly \$35,000 in support of YMCA programs that help children and youth across Niagara grow, connect, and fulfill their potential.

Throughout the morning, participants took part in a wide range of activities, from group cycle and fitness classes to pickleball, bowling, and the new Family Pool Party offered at each YMCA location. Live on-site coverage from Giant FM helped bring the energy of the day to the broader community. Whether it was a first-time participant or a returning team, every movement contributed to something bigger.

Behind every moment of the day is a deeper purpose. Across Niagara, too many children and youth are facing barriers that limit their access to opportunities, connection, and a sense of belonging. Events like Move for Kids help change that by creating spaces where young people feel supported, build confidence, and see what is possible for themselves.

“Move for Kids is a reflection of what happens when a community comes together to support one another,” said Christian Wulff, CEO of the YMCA of Niagara. “This year’s support shows just how much people care about creating opportunities for children and youth across Niagara. The funds raised through this event help us continue to remove barriers so more young people can access programs, build confidence, and feel like they belong.”

As the 2026 Community Champion sponsor, Scotiabank played a leading role in bringing Move for Kids to life across Niagara, helping to create opportunities for children, youth, and families throughout the region.

The YMCA of Niagara extends its gratitude to everyone who participated, supported, volunteered, and contributed to this year's event. Because of this community, more children and youth across Niagara will have the opportunity to try something new, build confidence, and feel like they belong.

About the YMCA of Niagara

The YMCA of Niagara is a charity that ignites the potential in people, helping them grow, lead, and give back to their communities. We believe everyone has the innate potential to thrive and are dedicated to empowering individuals to tap into their full abilities. Through diverse programs and services, we foster connection, cultivate belonging, and support well-being to elevate the potential of every person and build a stronger, more connected Niagara Region. To learn more, visit www.ymcaofniagara.org

Media contact

YMCA of Niagara: Jen Schmaltz, General Manager, Marketing and Communications
jen.schmaltz@niagara.ymca.ca | 905-246-7478

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