Shine On Niagara

Swim Lessons 2025 - 2026

Season	Dates	Session Cost	Registration Opens*
Fall 2025	Sept 21 - Dec 13 (12 weeks) *No lessons October 13 & October 31*	$168 (Group) $360 (Private)	**Member Registration**: September 8 - 10 **Public Registration**: September 11 - 20
Winter 2026	January 4 - March 7 (9 weeks) *No lessons on February 16*	$126 (Group) $270 (Private)	**Member Registration**: December 15 - 17 **Public Registration**: December 18 - January 3
Spring 2026	Dates TBD		**Member Registration:** TBD **Public Registration:** TBD
Summer 2026	Dates TBD		**Member Registration:** TBD **Public Registration:** TBD

*Registration opens and closes at noon

How to Register

PUBLIC REGISTRATION
Click here to register.

MEMBER REGISTRATION
Email customerservice@niagara.ymca.ca if you do not receive your YMCA registration discount code to use on our members-only registration portal.
Please include the Child Member's **Full Name** and **Birthday**.

Being a YMCA Child Member is better!

Sign up online today and get

- Unlimited Drop-In Recreation Programs
- One Registered Skill-Based Program per session
- 50% discount on one Group Swimming Lessons and any additional Registered Skill-based programs
- Priority Registration for Swim Lessons, Skill-Based Programs and Specialty Programs
- 20% Discount on Private and Semi-Private Swim Lessons
- Unlimited Open Swim and Open Gym
- Fitness Floor Access for Members 10-12 years of age with a parent
- Membership discount (20%) for a YMCA Birthday Party

Refunds and Cancellation

- Child Memberships must be active for the duration of the session/program. Any membership cancellations during the session will result in withdrawal from programming.
- Refunds minus a $20 administrative fee will be issued for cancellations requested prior to 48 hours of the program start date/time. All refund requests must be in writing to customerservice@niagara.ymca.ca
- Pro-rated refunds will be issued if programs are not able to operate as a result of Government or Public Health directives.
- Refunds will not be issued within 48 hours of the program start date. We cannot issue refunds or credits for participant absences, illness or missed programs.

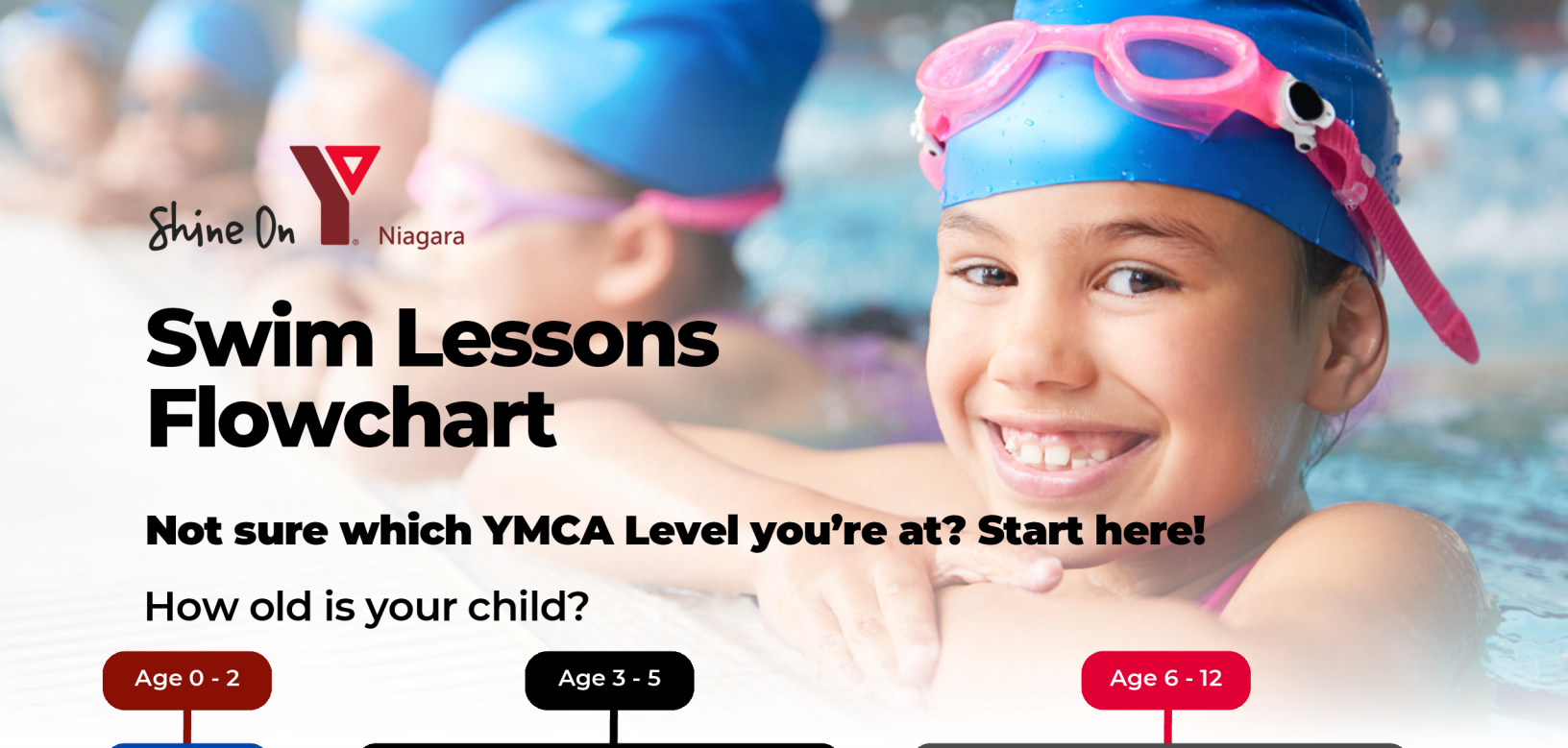
Niagara West
325 Main Street East
(905) 309-9622

Niagara Centre
310 Woodlawn Road
(905) 735-9622

Port Colborne YMCA
550 Elizabeth Street
(905) 835-9622

More questions? Ask us at customerservice@niagara.ymca.ca

Register online at ymcaofniagara.org



Shine On Niagara

Swim Lessons Flowchart

Not sure which YMCA Level you're at? Start here!

How old is your child?

Age 0 - 2

- Splashers & Bubblers

Age 3 - 5

Can your child put their entire face in the water by themselves?

- NO: Bobbers
- YES: Can your child float on their front and back by themselves?
  - NO: Floaters
  - YES: Can your child swim on their front (face in the water) and back without any help?
    - NO: Gliders
    - YES: How far can they swim without help?
      - 3 METERS: Gliders
      - 5 METERS: Divers
      - 10 METERS: Surfers/Jumpers

Age 6 - 12

Can your child put their entire face in the water by themselves?

- NO: Otter
- YES: Can your child swim in the deep end without the use of a PFD, pool noodle or flutter board?
  - NO: Seal
  - YES: Can your child swim from the deep end all the way to the shallow end on their front and back using their arms and legs without stopping?
    - NO: Dolphin
    - YES: When they swim on their front do their arms come out of the water and they turn their head to the side to breathe?
      - NO: Swimmer
      - YES: Can your child whip kick on their back and front (elementary backstroke and breaststroke)?
        - YES: Star 3
        - NO: Star 1

If your child has previously participated in Lifesaving or Red Cross swim lessons, please check our Swim Level Conversion guide to find out where to start.

Niagara West
325 Main Street East
(905) 309-9622

Niagara Centre
310 Woodlawn Road
(905) 735-9622

Port Colborne YMCA
550 Elizabeth Street
(905) 835-9622

Register online at ymcaofniagara.org