

Niagara Centre 2025 Fall Schedules

CHILD AND YOUTH PROGRAMS

DROP-IN RECREATION PROGRAMS

Active Child Membership Required for Drop-In Programs

Drop-In	Monday evenings	3 to 12 years	5:00pm - 6:30pm
Drop-In	Wednesday evenings	3 to 12 years	5:00pm - 6:30pm
Drop-In	Saturday mornings	3 to 12 years	9:30am - 11:00am

***Times subject to change. Please check EZ Facility for updated times. Participants are divided up into age appropriate groups based on registration numbers.**

REGISTERED SKILL-BASED PROGRAMS

Runs for 12 weeks (Sep 21 - Dec 13)

Program	Age	Day	Time
Variety Dance	3 to 6 years	Thursdays	4:45pm - 5:30pm
Basketball Skills	7 to 12 years	Thursdays	4:45pm - 5:30pm

SPECIALTY PROGRAMS

Runs for 12 weeks (Sep 21 - Dec 13)

Karate	7 to 9 years	Tuesday	6:00pm - 6:45pm
Karate	10 to 13 years	Tuesday	7:00pm - 7:45pm
Karate	14+ years	Tuesday	8:00pm - 9:30pm
Family Bounce	Parents and Children	Mondays	7:00pm - 7:45pm

***Schedule subject to change based on registration levels. No programs on October 13 or 31.**

Being a YMCA Child Member is Better!

- Priority Registration for Skill-Based Programs and Specialty Programs
- Membership discount on additional Registered Skill-Based Programs
- Membership discount for a YMCA Birthday Party
- One Registered Skill-Based Program
- Unlimited Open Swim and Open Gym
- Fitness Floor Access for Members 10-12 years of age with a guardian
- Unlimited Drop-In Recreation Programs



Register online at
ymcaofniagara.org