

FALL SCHEDULES 2022

Niagara West



Child and Youth Programs

DROP-IN RECREATION PROGRAMS

Active Child Membership Required for Drop-In Programs

Monday evenings	3 to 12 years	6:00 - 7:30 pm
Wednesday evenings	3 to 12 years	6:00 - 7:30 pm
Friday evenings	3 to 12 years	6:00 - 7:30 pm

*Times subject to change. Please check EZ Facility for up to date times.
Participants are divided up into age appropriate groups based on registration numbers.

All Registered Skill Based Programs run for six weeks starting Sunday, November 6 - Saturday, December 17, 2022

REGISTERED SKILL-BASED PROGRAMS

Program	Age	Day	Time
KidFit Fun	3 to 5 years	Tuesday	5:30 - 6:00 pm
KidFit Fun	6 to 12 years	Tuesday	6:15 - 7:00 pm
Basketball Skills	8 to 12 years	Wednesday	7:30 - 8:30 pm
KidFit Yoga	3 to 5 years	Thursday	5:30 - 6:00 pm
KidFit Yoga	6 to 12 years	Thursday	6:15 - 7:00 pm
KidFit Game On	3 to 5 years	Saturday	9:15 - 9:45 am
KidFit Game On	6 to 12 years	Saturday	10:00 am - 10:45 am
Variety Dance Skills	3 to 4 years	Saturday	9:15 - 10:00 am
Variety Dance Skills	5 to 6 years	Saturday	10:15 - 11:00 am

YOUTH REGISTERED SKILL- BASED PROGRAMS

Youth Fit	10 to 13 years	Tuesday	7:15 - 8:15 pm
Volleyball Skills	10 to 13 years	Thursday	7:15 - 8:15 pm
Pickleball Skills	10 to 13 years	Saturday	11:00am - 12:00 pm

* Schedule subject to change based on registration levels

YMCA CHILD MEMBERS RECIEVE ACCESS TO:

- Unlimited Drop-In Recreation Programs
- One Registered Skill-Based Program
- Membership discount on additional Registered Skill-Based Programs
- Priority Registration for Skill-Based Programs and Specialty Programs
- Unlimited Open Swim and Open Gym
- Membership discount for a YMCA Birthday Party

HOW TO REGISTER AND IMPORTANT REGISTRATION DATES

Priority Registration	Monday, October 24 at noon - Wednesday, October 26 at noon
Non-Member Registration	Friday, October 28 at noon
Registration Ends	Saturday, November 12 at noon



Register online at
ymcaofniagara.org