



Swim Levels

What Level Do I Register For?

There are three ways to figure out your swim level as you register for the upcoming swim session

1) If a previous YMCA of Niagara swimmer, look up your last level in our progress cards system – swimgen at swimgen.net/search_region/YMCA_of_Niagara



PROGRESS CARD

Find A Swimmer

Please enter the child's YMCA 8 digit participant number found on their membership card (the smaller series of numbers) to view their on line progress report.

Pool

YMCA of Niagara – Port Colborne

Participant ID

SEARCH

2) If you have taken swim lessons through another organization, refer to the swimming conversion chart

Age Group	YMCA Program	Lifesaving Society Program	Red Cross Program
0 – 2 years old (parent)	Splashers/Bubblers	Parent and Tot 1, 2, 3	Starfish, Duck, Sea Turtle
3 – 5 years old (parent)	Bobbers	Preschool A	Sea Otter
	Floaters	Preschool A	Salamander
4 – 5 years old	Gliders	Preschool B	Salamander
	Divers	Preschool B	Sunfish
	Surfers	Preschool C	Crocodile
	Jumpers	Preschool D	Whale
6 – 12 years old	Otter	Swimmer 1	Swim Kids 1
	Seal	Swimmer 2	Swim Kids 2
	Dolphin	Swimmer 3	Swim Kids 3 and 4
	Swimmer	Swimmer 4 and 5	Swim Kids 5 and 6
	Star 1	Swimmer 6	Swim Kids 7
	Star 2	CSP – Rookie	Swim Kids 8
	Star 3/4	CSP – Ranger	Swim Kids 9
	Star 5/6/7	CSP – Star	Swim Kids 10



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3) If they are new to swimming lessons, follow the path below:

Ages 0-2

Child will participate in our Splashers and Bubblers program

Ages 3 – 5 yrs

Can the child put their entire face in the water by themselves?

If no = Bobbers

If yes go to next question

Can the child float or glide on their front and back by themselves?

If no = Floaters

If yes go to next question

Can the child swim on their front (face in the water) and back without any help?

If no = Gliders

If yes, for how far?

If 3m = Gliders

If 5m = Diver

If 10m = Surfers/Dippers

Ages 6+ years

Can the child put their face in the water by themselves?

If no = Otter

If yes go to next question

**Can the child swim in the deep end without any help
(pfd, pool noodle, flutter board)?**

If no = Seal

If yes go to next question

**Can your child swim from the deep end all the way to the shallow end
(or close to the end) on their front and back using their arms and legs
without stopping?**

If no = Dolphin,

If yes – when they swim on their front do their arms come out of the water and they turn their head to the side to breathe?

If no = Swimmer

If yes go to next question

**Does your child know how to do whip kick on their back and front
(elementary backstroke and breaststroke)?**

If no = Star One

If yes = Star Three