



Resource Summary April 13 – 20, 2021

Did you miss our posts on social media this week? Don't worry, here is a summary of all the parent and caregiver resources our EarlyON Educators would like to share with you!

Check out this link for some Ramadan crafts and activities for your children.
<https://www.todayparent.com/family/crafts/festive-ramadan-crafts/>

If there is a toddler in your home, then this link is for you. Here you will find a collection of fun, hands on learning activities that you and your toddler can enjoy together.
<https://handsonaswegrow.com/14-learning-activities-toddlers/>

It's a beautiful sunny day! Why not try some of these creative activities with your child? Share from facebook <https://www.kidsartncraft.com/?s=toilet+paper+rolls>
[20 Butterfly Craft Ideas for Kids - Paper Crafts, Drawings & More - Kids Art & Craft \(kidsartncraft.com\)](https://www.kidsartncraft.com/?s=toilet+paper+rolls)

It's spring break! Need ideas for home-based activities that don't include a screen? Check out this link for suggestions to make this a stress-free, fun and memorable break.
<https://activeforlife.com/20-ways-to-keep-kids-busy-at-home-during-spring-break/>

Check out this activity to help foster early math skills like patterning and symmetry using loose parts from around the house. You and your child will enjoy this fun, open ended activity together. <https://handsonaswegrow.com/interactive-symmetry-and-pattern-activity/>

There are so many benefits to playing. It keeps kids healthy. It teaches them about cooperation and imagination. It sparks joy and happiness. And it provides lots of opportunities to develop skills in math, literacy, science, and so much more. Read on at <https://activeforlife.com/12-learning-games-for-kids/>

Your child's learning and development process is truly extraordinary. This straightforward article helps explain some of the significant milestones for children, ages 3-9 years, especially around the topics of emotions and self regulation. <https://www.todayparent.com/kids/school-age/developmental-leaps-in-kids/>

If you have questions about what and how to feed your child, then this article with advice from Canadian dieticians is just for you! <https://www.todayparent.com/kids/kids-health/age-by-age-guide-to-feeding-babies-toddlers-and-kids/>



Resource Summary Continued

Young children often enjoy science experiments that stimulate curiosity and help them learn about the wonders of our world. Here is an experiment that can easily be done at home with just a few supplies. <https://www.himama.com/daycare-activities/spring-leaf-experiment>

Expectant and new parents often have questions about breastfeeding. **Niagara Parents** provides information and videos on breastfeeding basics, signs your baby is getting enough, nutrition, as well as support for breastfeeding moms. Visit <https://niagararegion.ca/parents/feeding/breastfeeding.aspx>

Mosaics are beautiful pictures made from colourful tiles of different shapes and sizes. Creating a mosaic is a great calming activity as it requires planning and patience. It's also a great way to explore colours and shapes. Check out this link to inspire your little one! <https://www.pbs.org/parents/crafts-and-experiments/make-a-mosaic>

As later this week we celebrate Earth Day, we wanted to share this link with suggestions for some family friendly nature-based activities to enjoy with your children. <https://www.todayparent.com/family/activities/nature-inspired-activities-for-toddlers/>

EarlyON Videos:

EarlyON Balloon Blow up - <https://youtu.be/eHACczzhe04>
Kristin, an EarlyON program demonstrates some terrific science experiments that parents/caregivers can perform with children at home. Learn about simple science concepts together and support your child's curiosity and understanding of the world around us.

EarlyON Addressing Negative Emotions - <https://youtu.be/Bf5iba2zn3s>
Carrie, an EarlyON program facilitator demonstrates the impact of negative experiences on our emotions and mental health using some simple materials found at home. General suggestions on how children can address their emotions to feel better are also provided.