



Resource Summary February 3 – 11, 2021

Did you miss our posts on social media this week? Don't worry, here is a summary of all the parent and caregiver resources our EarlyON Educators would like to share with you!

If your child enjoys creative activities, check out this site where you will find a craft idea, poem, book suggestions and snack idea all to celebrate Groundhog Day. <https://theeducatorsspinonit.com/tot-school-groundhog-day-ideas/>

Lunar New Year is Feb. 12th. These Chinese lanterns are super easy to make and great for practicing cutting skills. <https://www.firstpalette.com/craft/paper-lantern.html>

Children often express big feelings through art, which can offer parents insight into their experience of the pandemic. Here are some tips for nurturing their creative expression. <https://www.todaysparent.com/family/parenting/6-ways-to-help-your-kids-use-art-to-express-their-feelings-about-the-pandemic/>

Here's a great craft to make with your child to celebrate Lunar New Year. <https://www.giftofcuriosity.com/chinese-new-year-drum-craft-for-kids/>

Immunization is one of the most important ways to keep your child healthy. Here are some common myths and facts about vaccines. <https://www.caringforkids.cps.ca/handouts/vaccines-myths-and-facts>

Children will love doing these Valentine's Day science experiments with a caring parent or caregiver. Each experiment uses easy to find materials and detailed instructions are provided to review in advance. Read on at <https://www.thebestideasforkids.com/valentine-science-experiments/>

Biting is a very common behavior among toddlers. Zero To Three offers suggestions on what parents and caregivers can do to reduce and, ultimately, eliminate biting. <https://www.zerotothree.org/resources/232-toddlers-and-biting-finding-the-right-response>

Children love to explore the world around them, and experiments are a fun way to promote curiosity and early science concepts. Check out this outdoor experiment with your little one. <https://littlebinsforlittlehands.com/freezing-bubbles-activity-indoor-outdoor-bubble-play/>



Resource Summary Continued

For those of you who are toddler parents or who care for a toddler, here is a site with several different creative activities that you can try with your little one.

<https://teaching2and3yearolds.com/toddler-valentine-crafts/>

This simple snowflake gross motor balance activity is a quick way to burn off energy and work on different skills. <https://www.cbc.ca/parents/play/view/simple-snowflake-balance-game-with-learning-snuck-in>

Children's communication skills grow by leaps and bounds across the first few years of life. In this link, the experts at Zero to Three share strategies to help parents and caregivers support the development of communications skills. <https://www.zerotothree.org/resources/302-how-to-support-your-child-s-communication-skills>

Looking to get more active but are stuck inside? There are many ways you can turn these exercises into a fun workout for you and your kids, no equipment needed. Your kids will love acting out the animals while burning off some of their energy. <https://www.cbc.ca/parents/learning/view/six-minute-animal-kingdom-workout-will-give-you-and-your-kids-a-sweat>

Music is one of the first ways children experience math. Here are three musical elements that relate to math and some suggested activity ideas to try at home.

<https://www.naeyc.org/our-work/families/support-math-readiness-through-music>

Valentine's Day is just around the corner. Check out this site for lots of creative ideas that you can try with your child. <https://www.easy-crafts-for-kids.com/15-cute-crafts-for-valentines-day-2020.html>

EarlyON Videos:

Making Snow for Sensory Play with Karen - <https://youtu.be/VICCNvdRkzY>

Making Colored Rice with Lori - <https://youtu.be/9bCRlt7eaAw>

Snow Volcano with Kristin - <https://youtu.be/tbyhb9u0kK0>