



Resource Summary December 13-19

Did you miss our posts on social media this week? Don't worry, here is a summary of all the parent and caregiver resources our EarlyON Educators would like to share with you!

It's the time of year for making gingerbread houses, but why not try something different and create one that's sugar-free and just as fun? Our EarlyON Educators invite you to visit this site to learn how some juice or milk cartons and basic craft supplies can be used by your child to create a charming and original gingerbread house. <https://happyhooligans.ca/milk-carton-gingerbread-houses/>

If your child enjoys water play, our EarlyON Educators invite you to check out this link. Parents and caregivers can set up this sensory bin filled with plastic ornaments and other holiday items and then watch them play happily for hours while they learn and develop their fine motor skills. <https://littlebinsforlittlehands.com/christmas-sensory-play-ornaments-water-sensory-bin/>

Parents and caregivers, here are some tips to help build your toddler's vocabulary. Click on this link, provided by our EarlyON Educators for a simple activity you can do at home with your toddler. <https://playandlearn.healthhq.ca/en/toddlers/language/label-it>

Enjoy the crisp, fresh weather and spend some time outdoors with your children by taking a winter walk. Check out this link for how to incorporate some conversation and sensory learning into your outdoor time together. <https://activeforlife.com/winter-five-senses-walk/>

If you are still Christmas shopping for the perfect gift for your young child, this article provided by our EarlyON Educators is sure to help. Here you'll find an age-specific guide about how children learn and play, with suggested toys and activities to help them develop their skills and understand our world. <https://kidshealth.org/en/parents/smart-toys.html>

For many people, this holiday season will be entirely different than what they are used to. Here are some helpful tips for parents and caregivers that may help you and your family enjoy this holiday season together. <https://www.cbc.ca/parents/learning/view/4-tips-to-keep-your-holidays-happy-and-stress-free>



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Delicious food and tasty treats are an integral part of how we celebrate during the holiday season. Yet is possible to enjoy these traditions and still make healthy choices. Check out this link for tips on a healthy and happy holiday season.

<https://www.unlockfood.ca/en/Articles/Holidays-Celebrations/10-tips-for-a-delicious-and-healthy-holiday-season.aspx>

Parents, grandparents and caregivers can help young children develop early math skills through fun activities with everyday materials at home. Our EarlyON Educators encourage you to visit this site for activities that promote learning and help create a strong foundation for school. <https://www.parents.com/kids/education/math-and-science/10-playful-math-activities/>

Parents-to-be and new parents may be interested in this link recommended by our EarlyON Educators. Here you can download a free booklet with lots of information about how to connect with and support your baby's development. This booklet is also available in multiple languages. <https://resources.beststart.org/product/k06e-baby-wants-booklet/>

Sometimes children lose interest in their toys very quickly, to the disappointment of their loved ones. Our EarlyON Educators offer this article with tips about some open-ended toys and activities that children will enjoy and learn from for a long, long time. <https://www.pbs.org/parents/thrive/choosing-toys-to-grow-with-your-preschooler>

Don't let the cold winter weather keep you indoors.

Our EarlyON Educators suggest this article from: Active for Life, 4 Practical Tips To Keep Kids Warm and Safe During Play <https://activeforlife.com/how-to-keep-kids-warm-winter-play/>

EarlyON Videos:

Making Slime with Kristin - <https://www.youtube.com/watch?v=iqL9hi7grQ0&ab>