



Resource Summary November 9 – 16, 2020

Did you miss our posts on social media this week? Don't worry, here is a summary of all the parent and caregiver resources our EarlyON Educators would like to share with you!

Healthy Smiles Ontario is a provincially program that provides free preventive, routine and emergency dental services for eligible children and youth under the age of 17. To learn more about the services covered and eligibility requirements, visit https://www.niagararegion.ca/living/health_wellness/dental/treatment-options-for-children.aspx

Our EarlyON Educators would like to share this link to some simple activities and crafts that can help young children learn about the meaning of Remembrance Day. <https://www.cbc.ca/parents/learning/view/5-remembrance-day-activities-for-kids>

For many families, the pandemic has created anxiety and concerns about their personal finances. Learning about money and financial literacy is very important for children, though sometime parents do not know where to start. Our EarlyON Educators suggest you visit this site for practical, age appropriate tips to discuss money, saving, budgets and making good financial choices with your children. <https://www.canada.ca/en/financial-consumer-agency/services/teaching-children-money/begin-teaching-children.html>

LEGOs and DUPLO are magical building blocks with so many uses. Young children are visual, concrete learners, and adding LEGOs into your play will help children develop a variety of math, fine motor, and visual discrimination skills. Our EarlyON Educators would like to share these activities for you to try with your child at home. (Supervision required depending on block size and the age of your child.) <https://www.notimeforflashcards.com/2020/04/easy-lego-activities.html>

Sometimes when children are young, they find it difficult to express their emotions. Our EarlyON Educators offer this tasty activity that allows you and your child to discuss feelings and emotions, while making a delicious treat together. Check out <https://www.cbc.ca/parents/food/view/emotional-pizza>



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Physical activity is an incredibly important aspect of healthy child development. To learn more about the benefits of physical activity and some practical tips, our EarlyON Educators invite you to view <http://www.child-encyclopedia.com/sites/default/files/docs/coups-oeil/physical-activity-and-young-children-info.pdf>

Are you expecting a baby? Congratulations! For trusted information about the benefits of vaccination for you and your baby before, during and after pregnancy, our EarlyON Educators suggest you visit <https://www.canada.ca/en/public-health/services/vaccination-pregnancy.html>

Quality time spent together in the kitchen is a great opportunity for children to experiment, explore math and science, and learn about nutrition. If you'd like to inspire adventurous eating, lay the groundwork for a lifelong love of cooking and develop some life skills with your child, check out this site that explains age appropriate ways to get your child active and involved in the kitchen. <https://www.foodnetwork.com/recipes/packages/recipes-for-kids/cooking-with-kids/best-cooking-tasks-kids-every-age>

Here is a great site for parents with children ages 3 to 6! Our EarlyON Educators invite you to check out this link for great literacy-based games, activities and stories to enjoy with your child. <https://childrensliteracy.ca/Read-On-Canada/Resources-Ages-3-6>

Children thrive when parents and other caring adults in their lives acknowledge their uniqueness, encourage them to try new things, and speak positively to them every day. Here is a short article provided by our EarlyON Educators that reminds parents of the power of their words. <https://dadcentral.ca/positive-phrases-dads-can-say-to-their-kids>

With some everyday household materials and a little creative thinking, parents and caregivers can set the stage for some meaningful open ended play for toddlers. To learn more about engaging your little one in some new play experiences, our EarlyON Educators invite you to visit <https://www.cbc.ca/parents/play/view/five-open-ended-child-led-play-for-toddlers>

EarlyON Videos:

Microwave Soap Experiment with Kristin - <https://youtu.be/kdVI3YfxbDM>

Block Play with Celine - <https://youtu.be/sOkF5cCF4-Y>