



Resource Summary October 23 – October 31

Did you miss our posts on social media this week? Don't worry, here is a summary of all the parent and caregiver resources our EarlyON Educators would like to share with you!

The end of daylight-savings time is around the corner and you may be wondering if and how this time change will impact your child's sleep. This article, suggested by our EarlyON Educators offers some simple tips to help you and your child adjust to the time change.

<https://www.parentscanada.com/school/how-to-manage-your-childs-sleep-schedule-during-the-fall-time-change/>

Children may have trouble seeing and not even know it. Luckily, many vision problems can be treated if caught early. To answer your questions about children's vision issues and eye exams, our EarlyON Educators suggest you visit

https://www.optom.on.ca/OAO/Patients/Library/Does_my_child_need_an_eye_exam.aspx#important

Can young children learn multiple languages at once? This article, suggested by our EarlyON Educators, will explain how children learn more than one language, break down some myths and answer your questions about bilingualism.

<http://www.hanen.org/helpful-info/articles/bilingualism-in-young-children--separating-fact-fr.aspx>

Parents and caregivers – check out these ideas to celebrate Hallowe'en safely with your young children. <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/halloween.html>

Our EarlyON Educators are often asked questions about children's behaviour. Using positive parenting approaches not only helps to guide your child, but also strengthens the connection you have with them. To learn about using positive discipline techniques, check out this resource. <https://www.caringforkids.cps.ca/handouts/positive-discipline-for-young-children>

Creative activities are a great opportunity to connect with your child and practice their emerging skills. Try out these fun, easy and educational crafts to get your family into the Halloween spirit. #EarlyON <https://blog.himama.com/halloween-kids-crafts/>

Caring for a grandchild, whether it's every day or once a month, builds a strong and important bond between the two of you. To learn how to balance sharing your wisdom while allowing room for the parents to learn as they go, our EarlyON Educators suggest this article

<https://www.verywellfamily.com/grandparents-who-have-problems-with-boundaries-1695778>



Resource Summary Continued

Combine a few simple ingredients to make this easy Halloween squish bag for babies and toddlers. It's great for fine motor practice and sensory play.

<https://www.fantasticfunandlearning.com/jack-o-lantern-squish-bag-for-babies-and-toddlers.html>

Our EarlyON Educators wanted to share another simple Halloween craft for young children. Check out these pumpkin sun catchers made with materials you may already have at home. <https://happyhooligans.ca/pumpkin-sun-catchers-kids/>

What is risky play, and how can parents support it in a healthy manner? By providing children with opportunities to participate in age-appropriate risky and challenging play in a safe learning environment, parents provide opportunity for the development of important life skills such as making choices, problem solving, and more. To learn more, our EarlyON Educators suggest this article <https://activeforlife.com/six-types-of-risky-play/>

How can we acknowledge and celebrate our children's successes? Our EarlyON Educators encourage parents and caregivers to check out this brief article that outlines suggested responses that can help foster positive self-esteem. <https://blog.himama.com/promoting-positive-self-esteem-preschool/>

Children naturally enjoy playing close to one another outside, but during a pandemic that is discouraged. Why not try these no-touch group games that are super fun, easy to set up, and can take place outside in the beautiful fall weather. <https://activeforlife.com/8-no-touch-group-games/>

There's still time for one more Hallowe'en creative experience for your toddler or preschooler. Our EarlyOn Educators suggest you try this easy craft using paint, golf balls and googly eyes. The results will be spook-tacular! <https://happyhooligans.ca/painting-spiders-cobwebs/>

EarlyON Videos

Exploding Pumpkins with Karen - <https://youtu.be/tMNxFseA-bA>

Tissue Paper Art with Kristin - <https://youtu.be/mXquLizoiBA>