



YMCA of  
Niagara  
YMCA Camping

# 2020 YMCA DAY CAMP

*Fun. Active.  
Unplugged.*

**Register today at [ymcadaycamp.ca](http://ymcadaycamp.ca)**



# Summer Camp the YMCA Way

At the YMCA, we are committed to providing campers with the opportunity to:

- Participate in a variety of fun, engaging and age-appropriate activities
- Experience personal growth
- Develop and enhance their skills
- Be active and outdoors
- Engage with staff and volunteers who act as role models
- Form new friendships and make lasting memories

## The YMCA Camp difference

Character development is a key element of the YMCA Day Camp program. We encourage all members of the camp community to treat one another with dignity and strive to celebrate positive actions. The **YMCA** core values of **CARING, HONESTY, RESPECT, RESPONSIBILITY, INCLUSIVENESS** and **HEALTH** are the cornerstones of character development at the YMCA. At YMCA Day Camp, value beads are a sign of personal achievement and recognition. Beads promote positive behaviour and are awarded to campers for demonstrating the YMCA core values throughout the week.

Register online at [ymcadaycamp.ca](http://ymcadaycamp.ca)





# Welcome to Summer Camp

Thank you for taking the time see what YMCA Day Camps have to offer. YMCA Day Camps created many wonderful memories, new experiences and friendships for myself, and my hope is your child has a similar experience this summer. You will notice as you look through the brochure that there are some new items. Here are a few highlights:

- We have added a camp for 4 and 5 year olds in select cities called Stepping Stones. This beginner camp is for children who have already experienced their first year in kindergarten and are ready to begin their camp journey. Stepping Stones will run in St. Catharines and Welland this summer.
- There will be two new outdoor sites this summer! Camp Wetaskiwin for Niagara West and St. Catharines and Sugarbowl Park in Fort Erie where campers can experience our Adventure Camps and enhanced environmental programs. Through innovative programming, campers will gain an understanding of natural environments while learning problem solving skills, enhance teamwork and much more!
- Aquatics camp is now a two-week program where the focus of one swim session per day will be on gaining level specific skills with YMCA certified swim instructors. Campers will now get a report card at the end of the two-week camp and have the opportunity to enhance their skills based on their swim level.
- We have established a clear progression within the arts and crafts camps which will allow younger campers to experience Crayola Imagine Arts Academy, and older campers to experience daily specialized creative projects led by our partner Creative Bug.

To see all we have to offer at the YMCA, you will have to come and enjoy it first-hand. I look forward to seeing you this summer!

Yours in camping,

Megan Calcott, Director of Day Camp

(905)934-9622 x 287



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# Day Camps by City

Week 1 Jun 29-Jul 3*	Week 2 Jul 6-10	Week 3 Jul 13-17	Week 4 Jul 20-24	Week 5 Jul 27-31	Week 6 Aug 4-7*	Week 7 Aug 10-14	Week 8 Aug 17-21	Week 9 Aug 24-28	Week 10 Aug 31-Sep 4
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ST. CATHARINES	Ages	Weeks	Locations (denotes specific weeks)	Venue	Activities	Fees
Stepping Stones	4 to 5	1-10	Walker Family YMCA			\$180
Maun Kiki (Jr Adventure)	5 to 6	1-10	Camp Wetaskiwin / Burgoyne Woods (4-5)			\$165
Junior Sports	5 to 6	1, 3, 4, 6, 7, 9	St. Theresa Catholic School			\$165
Junior Crayola	5 to 6	4, 9	St. Ann Catholic School (1-6) / Gracefield Public School (7-9)			\$215
Junior Mad Science	5 to 6	2,5,8	St. Theresa Catholic School			\$215
Movement and Rhythm	5 to 6	2, 3, 5, 6, 7, 8	St. Ann Catholic School (1-6) / Gracefield Public School (7-9)			\$165
Junior Discovery ^	5 to 6	1-10	St. Ann Catholic School (1-6) / Gracefield Public School (7-9) / Grantham Optimist Club (10)			\$38/day
Adventure - Pathfinders	7 to 9	1-10	Camp Wetaskiwin / Burgoyne Woods (4-5)			\$160
Sports	7 to 12	2,3,4,6,7,10	St. Theresa Catholic School / Grantham Optimist Club (10)			\$165
Ninja	7 to 12	2, 4, 6, 8	St. Ann Catholic School (1-6) / Gracefield Public School (7-9)			\$190
Aquatics *	7 to 12	1-10	Walker Family YMCA			\$350 (2 wks)
Discovery ^	7 to 12	1-10	St. Ann Catholic School (1-6) / Gracefield Public School (7-9) / Grantham Optimist Club (10)			\$37/day
Mad Science	7 to 12	1, 2, 5, 7	St. Theresa Catholic School			\$210
Crayola	7 to 12	3, 4, 6, 8, 9	St. Theresa Catholic School			\$210
RoboPRO	7 to 12	1,8	St. Theresa Catholic School			\$195
GameOn Design	7 to 12	5,9	St. Theresa Catholic School			\$195
Cheerleading	7 to 13	3, 5, 7, 9	St. Ann Catholic School (1-6) / Gracefield Public School (7-9)			\$190
You're The Chef	9 to 13	4, 6, 9	St. Theresa Catholic School			\$180
Young Artists	9 to 13	5, 7	St. Theresa Catholic School			\$210
Adventure - Challengers	10 to 14	1-10	Camp Wetaskiwin / Burgoyne Woods (4-5)			\$160
Youth Fit	10 to 15	2, 3, 8	Walker Family YMCA			\$190
Leaders in Training	11 to 14	2 & 3, 4 & 5	Camp Wetaskiwin / Burgoyne Woods (4-5)			\$300 (2 wks)
Counsellor in Training	13 to 15	7-9	Camp Wetaskiwin			\$350 (3 wks)

^ Indicates a camp that is available for 3 or 4 days per week

\* Indicates minimum swim level required & 2 week camp

## Weekly Themes

Each week our camp activities are planned around an exciting theme. Come to camp prepared to use your imagination, play games, and design your crafts based on the theme. Special Event Days are the most exciting of all, where campers and counsellors dress up based on the theme and celebrate with wild and wacky games!



**Week 1**  
Adventure Land



**Week 2**  
Outside the Box



**Week 3**  
Back to the Future



**Week 4**  
Strong Kids Unite



**Week 5**  
Olympic Mania



**Week 6**  
Myths and Legends



**Week 7**  
Celebration of Nations



**Week 8**  
Clouds and Constellations



**Week 9**  
Dino-Mite



**Week 10**  
Ooey Gooley Mess

### Venue Key:



Indoor  
Camp



Outdoor  
Camp

### Water Activities Key:



Swimming



Splash  
Pad



Water  
Games

NIAGARA FALLS	Ages	Weeks	Locations (denotes specific weeks)	Venue	Activities	Fees
Junior Adventure	5 to 6	1 to 10	Fireman's Park - Lower Site			\$165
Junior Explorers	5 to 6	2, 3, 5, 7, 8, 9, 10	Niagara Falls YMCA			\$165
Junior Mad Science	5 to 6	1, 4, 6	Niagara Falls YMCA			\$215
Junior Discovery ^	5 to 6	1 to 10	E.E Mitchelson Park / Fireman's Park (10)			\$38/day
Adventure - Pathfinders	7 to 9	1 to 10	Fireman's Park - Lower site			\$160
Sports	7 to 12	1, 6, 7, 8, 9	E.E Mitchelson Park			\$165
Aquatics *	7 to 12	2 & 3, 8 & 9	Niagara Falls YMCA			\$350 (2 wks)
Ninja	7 to 12	3, 5	E.E Mitchelson Park			\$190
Cheerleading	7 to 12	2, 4	E.E Mitchelson Park			\$190
Crayola	7 to 12	2, 6, 8	EE Mitchelseon Park/ Niagara Falls YMCA (6)			\$210
Mad Science	7 to 12	3, 4, 6	E.E. Mitchelson Park			\$210
RoboPRO	7 to 12	5, 9	E.E. Mitchelson Park			\$195
GameOn Design	7 to 12	7	E.E. Mitchelson Park			\$195
Discovery ^	7 to 12	1 to 10	E.E Mitchelson Park / Fireman's Park (10)			\$37/day
You're the Chef	9 to 13	1, 10	Niagara Falls YMCA			\$180
Young Artists	9 to 13	7	Niagara Falls YMCA			\$210
Adventure - Challengers	10 to 14	1 to 10	Fireman's Park - Lower site			\$160
Youth Fit	10 to 15	4, 5	Niagara Falls YMCA			\$190
Leaders in Training	11 to 14	4 & 5	Fireman's Park - Lower site			\$300 (2 wks)

FORT ERIE	Ages	Weeks	Locations (denotes specific weeks)	Venue	Activities	Fees
Junior Adventure	5 to 6	1 to 10	Lion's Sugarbowl Park			\$145
Discovery ^	5 to 12	1 to 10	Lion's Sugarbowl Park			\$35/day
Adventure - Pathfinders	7 to 9	1 to 10	Lion's Sugarbowl Park			\$140
Adventure - Challengers	10 to 14	1 to 10	Lion's Sugarbowl Park			\$140

^ Indicates a camp that is available for 3 or 4 days per week

\* Indicates minimum swim level required & 2 week camp

For more information, please visit [ymcadaycamp.ca](http://ymcadaycamp.ca)





# Day Camps by City

Week 1 Jun 29-Jul 3*	Week 2 Jul 6-10	Week 3 Jul 13-17	Week 4 Jul 20-24	Week 5 Jul 27-31	Week 6 Aug 4-7*	Week 7 Aug 10-14	Week 8 Aug 17-21	Week 9 Aug 24-28	Week 10 Aug 31-Sep 4
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## Venue Key:



Indoor  
Camp



Outdoor  
Camp

## Water Activities Key:



Swimming



Splash  
Pad










Water  
Games



















WEST NIAGARA	Ages	Weeks	Locations (denotes specific weeks)	Venue	Activities	Fees
Junior Adventure	5 to 6	1 to 10	Camp Wetaskiwin/ Burgoyne Woods (4-5)			\$165
Junior Explorers	5 to 6	1,2,4,5,6,8	Niagara West YMCA			\$165
Junior Mad Science	5 to 6	3, 7, 9	Beamsville Secondary School			\$215
Discovery ^	5 to 12	1 to 10	Beamsville District Secondary School / Niagara West YMCA (3,7,9,10)			\$37/day
Adventure - Pathfinders	7 to 9	1 to 10	Camp Wetaskiwin/ Burgoyne Woods (4-5)			\$160
Aquatics *	7 to 12	4 & 5, 7 & 8	Niagara West YMCA			\$350 (2 wks)
Cheerleading	7 to 12	6, 8	Beamsville District Secondary School			\$190
Ninja	7 to 12	7, 9	Beamsville District Secondary School			\$190
Mad Science	7 to 12	4, 5	Beamsville District Secondary School			\$210
Crayola	7 to 12	1, 3	Beamsville District Secondary School			\$210
GameOn Design	7 to 12	3	Beamsville District Secondary School			\$195
RoboPRO	7 to 12	2	Beamsville District Secondary School			\$195
You're the Chef	9 to 13	6, 9	Beamsville District Secondary School			\$180
Young Artists	9 to 13	2	Beamsville District Secondary School			\$210
Adventure - Challengers	10 to 14	1 to 10	Camp Wetaskiwin/ Burgoyne Woods (4-5)			\$160
Youth Fit	10 to 15	1	Niagara West YMCA			\$190

^ Indicates a camp that is available for 3 or 4 days per week

\* Indicates minimum swim level required & 2 week camp



WELLAND	Ages	Weeks	Locations (denotes specific weeks)	Venue	Activities	Fees
Stepping Stones	4 to 5	1 to 10	Niagara Centre YMCA			\$180
Junior Adventure	5 to 6	1 to 10	Merritt Island			\$155
Junior Sports	5 to 6	1 to 9	Alexander Kuska Catholic School (1-6) / Quaker Road Public School (7-9)			\$160
Discovery ^	5 to 12	1 to 10	Alexander Kuska Catholic School (1-6) / Quaker Road Public School (7-9) / Merritt Island (10)			\$36/day
Adventure - Pathfinders	7 to 9	1 to 10	Merritt Island			\$150
Sports	7 to 12	1,3,4,5,6,8,9	Alexander Kuska Catholic School (1-6) / Quaker Road Public School (7-9)			\$160
Aquatics *	7 to 12	1 & 2, 7 & 8	Niagara Centre YMCA & Alexander Kuska School (1-6) / Quaker Road School (7-9)			\$350 (2 wks)
Mad Science	7 to 12	3, 9	Alexander Kuska Catholic School (1-6) / Quaker Road Public School (7-9)			\$210
GameOn Design	7 to 12	6	Alexander Kuska Catholic School			\$195
RoboPRO	7 to 12	4, 7	Alexander Kuska Catholic School			\$195
Crayola	7 to 12	2, 5	Alexander Kuska Catholic School			\$210
You're the Chef	9 to 13	6, 7	Alexander Kuska Catholic School (1-6) / Quaker Road Public School (7-9)			\$180
Young Artists	9 to 13	4	Alexander Kuska Catholic School (1-6)			\$210
Adventure - Challengers	10 to 14	1 to 10	Merritt Island			\$150
Youth Fit	10 to 15	5, 8	Niagara Centre YMCA & Alexander Kuska School (1-6) / Quaker Road School (7-9)			\$185
Leaders in Training	11 to 14	2 & 3	Merritt Island			\$300 (2 wks)

PORT COLBORNE	Ages	Weeks	Locations (denotes specific weeks)	Venue	Activities	Fees
Junior Sports	5 to 6	1 to 10	Port Colborne YMCA			\$145
Discovery ^	5 to 12	1 to 10	Port Colborne YMCA			\$35/day
Sports	7 to 12	1 to 10	Port Colborne YMCA			\$140
Aquatics *	7 to 12	5 & 6	Port Colborne YMCA			\$350 (2 wks)
Mad Science	7 to 12	8	Port Colborne YMCA			\$210
Crayola	7 to 12	7	Port Colborne YMCA			\$210
GameOn Design	7 to 12	4	Port Colborne YMCA			\$195
Youth Fit	10 to 15	9	Port Colborne YMCA			\$185
Leaders in Training	11 to 14	2 & 3	Port Colborne YMCA			\$300 (2 wks)

## A typical day at camp:

<b>8:30 am</b>	Travel to Camp/Station Activities
<b>9:00 am</b>	Opening Circle
<b>9:15 am</b>	Camper group time
<b>9:30 am</b>	Activity 1
<b>10:30 am</b>	Snack and sunscreen break
<b>10:45 am</b>	Activity 2
<b>11:45 am</b>	Lunch
<b>12:15 pm</b>	Structured free time
<b>12:45 pm</b>	Change for water activities/swim
<b>1:00 pm</b>	Water activities/swim
<b>2:00 pm</b>	Change from water activities/swim
<b>2:15 pm</b>	Snack and sunscreen break
<b>2:30 pm</b>	Activity 4
<b>3:30 pm</b>	Camper group time and value bead ceremony
<b>4:00 pm</b>	Closing Circle
<b>4:15 pm</b>	Depart from camp/station activities



# Junior Camps | ages 4 - 6

*"My child made tons of new friends. The staff were extremely understanding and knowledgeable. I will absolutely be returning next year and will also tell others that Y camp is the place to be."*

*-2019 Camp Parent*





Week 1 Jun 29-Jul 3*	Week 2 Jul 6-10	Week 3 Jul 13-17	Week 4 Jul 20-24	Week 5 Jul 27-31	Week 6 Aug 4-7*	Week 7 Aug 10-14	Week 8 Aug 17-21	Week 9 Aug 24-28	Week 10 Aug 31-Sep 4
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## Stepping Stones | ages 4-5

Stepping Stones is a great choice for a first-time camper who has one year of kindergarten under their belt. Our safe and supervised camp offers children the opportunity to play, learn and discover in our own backyard! Campers will participate in fun games, crafts, outdoor play and water based activities. Campers must be fully toilet trained to attend camp.

*\*For children who have not started kindergarten there is an option for licensed YMCA Child Care, please see page 15 for details.*

## Junior Adventure/Maun Kiki | ages 5-6

If your camper is ready to set off on a new outdoor adventure, then this is the camp for them! Campers will explore the great outdoors as they rotate through a variety of nature-based activities such as environmental activities, hikes, creek exploration, crafts, songs and more. This camp is sure to satisfy their adventurous side while helping them gain an appreciation and awareness for the environment.

## Junior Sports | ages 5-6

Designed for the physically active camper, this camp is at an introductory level and emphasizes fair play, team work and sportsmanship. A portion of every day is spent learning the rules and basic skills in a variety of traditional and non-traditional sports. Campers will develop fundamental movement skills, confidence and learn the importance of staying active. If your camper is an athlete at heart then this is the camp for them.

## Junior Mad Science | ages 5-6



Explore a different STEM topic each day in a fun and hands-on way! Spend a day travelling through time with a visit to the Jurassic before blasting off to explore the future of space travel. Get sticky with chemistry and magnetism. Investigate meteorology and round out the week with a day of discovery with colour and bubbling potions! Campers take home cool Mad Science take-homes every day!

## Junior Crayola® Imagine Arts Academy | ages 5-6



**Theme: Artist's Passport.** Campers will embark on an around-the-world cultural adventure! They will explore far off places and learn about the people who live there, from the Americas to Polynesia, from the cosmopolitan to the countryside. They experiment with Crayola products while trying art techniques developed by local artists and artisans. They will make a different masterpiece each week such as masks, prints, buses and more!

## Movement and Rhythm | ages 5-6

Campers will get a chance to enjoy the full rhythm experience through playing, movement and balance! Exploring various ways to create rhythm and move, make this camp fun and interactive! Throughout the week, participants will prepare for a live performance!

## Junior Discovery | ages 5-6

At YMCA Day Camps, we believe that every day at camp should be full of fun and discovery! From special events, value beads, camp activities and much more, this camp is designed for those times when a full-week camp experience may not fit your busy schedule. If your camper is ready for a blast of excitement for 3 or 4 days per week, then this is the camp for them. To ensure all campers have the opportunity to develop friendships and experience skill development, **registration of 3 or 4 days per 5 day camp week is required.**

## Junior Explorers | ages 5-6

Campers will set out on explorations right in our own backyard! Campers will experience a variety of activities planned around the theme for the week that allow them to develop their creativity and imagination! Explorers is for the curious camper who wanted to try and learn new things and go on exciting adventures.

# School Aged Camps | ages 7 - 12

## Adventure - Pathfinders | ages 7-9

Through outdoor education and environmental exploration campers will gain confidence, learn about the environment around them, and gain an appreciation for the great outdoors. Adventure campers will participate in outdoor education activities such as nature based programming, archery, canoeing (at select locations), eco system, adventure-based initiatives and more! Come on an adventure with us and spend each day outdoors exploring all that nature has to offer!

## Sports | ages 7-12

Campers will stay active while learning developmental skills in both traditional and non-traditional sporting activities. They will try a variety of sports including baseball, basketball, football, soccer and much more. A portion of the day will also include traditional camp activities including swimming, special events, and creative activities. At Sports Camp we focus on fair play, teamwork, fitness and fundamental skills all while having fun!

## Cheerleading | ages 7-12



Ready, set, cheer! Campers will learn the core principles of cheerleading – jumping, stunting, tumbling and dance – from our knowledgeable and caring coaches. This camp experience is for both non-experienced and experienced cheerleaders alike. Campers will get the chance to show off the skills they've learned with their new friends every Friday at our "Show Stopper" performance. Campers will also spend part of their day experiencing traditional camp activities.

## Ninja | ages 7-12



Our unique Ninja Camp is action-packed and fast-paced. Campers will learn a combination of flips, rolls and jumps in a fun and safe environment. Their strength and agility will be tested through obstacle courses and various training techniques. Campers will use their imaginations to run up walls and crash through buildings. If your camper is filled with energy and a great imagination, this camp is perfect for them! Campers will spend part of their day experiencing traditional camp activities.

## Aquatics | ages 7-12\*

This two week camp is a splash! Designed to increase skills and develop an appreciation for the water, campers will participate in two swimming sessions per day. Using the YMCA Canada National Swim Program, swimmers will spend one session working on a specific swim level in the Star program, while their second swim session will be recreational. During the daily swim level session, swimmers will work on achieving level specific skills with certified YMCA Swim Instructors. The remainder of the day will be spent experiencing traditional camp activities such as crafts, sports and cooperative games. If your camper has a love of water then this is the camp to dive in to!

*\*Campers must be in YMCA swimmer level or above in order to register.*

*Please visit [ymcadaycamp.ca](http://ymcadaycamp.ca) for a swim level conversion chart.*

## Mad Science | ages 7-12



In partnership with Mad Science Niagara, our favourite high-energy, fun loving Mad Scientists are back for another summer of great experiments! Campers will participate in Mad Science activities for up to three hours per day, and spend the remainder of the day participating in traditional camp activities.

**Crash, Boom Flash** | Science and engineering combine as campers create and control pulleys, levers, catapults, and mega-pinchers! They will work together as a team to build a geodesic dome. Experiments will be an exciting introduction to light and photography and chemical reactions.

**Crazy Crime Lab** | Harness and hone your observation skills as you explore what it takes to be an ace detective. Check for clues using handwriting analysis, UV prints and evidence left at a crime scene. Have some fun stepping into the shoes of a crime scene investigator while you explore the science of forensics.

	Crash, Boom Flash	Crazy Crime Lab
St. Catharines	weeks 1, 2	weeks 5, 7
Niagara Falls	weeks 3, 4	week 6
Niagara West	week 5	week 4
Welland	week 9	week 3
Port Colbourne	week 8	-



Week 1 Jun 29-Jul 3*	Week 2 Jul 6-10	Week 3 Jul 13-17	Week 4 Jul 20-24	Week 5 Jul 27-31	Week 6 Aug 4-7*	Week 7 Aug 10-14	Week 8 Aug 17-21	Week 9 Aug 24-28	Week 10 Aug 31-Sep 4
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## Crayola® Imagine Arts Academy | ages 7-12



*\*Weeks 4 and 9 in St. Catharines are Artist Passport – please see description under Junior Crayola on page 9.*

Alongside our friends from Mad Science Niagara, Crayola Campers explore the wonder and beauty of the animal kingdom, and discover nature in a way that inspires empathy, curiosity and creativity. They learn about many different animals and how wildlife conservationists are working to protect species around the globe. They experiment with a variety of art techniques and use Crayola® art materials to create frog paintings, ink-diffusion jellyfish, polar bear sculptures and more. Campers will spend the remainder of the day experiencing traditional camp activities.

## GameOn Design | ages 7-12



Campers will build their very own video game each day and have a blast every step of the way! Games are made in Scratch; a kid-friendly, visually appealing programming language. Campers will progress at their own pace under the guidance of Code Ninjas® Senseis to learn the fundamental building blocks of computer programming. This camp is fantastic for children of all experience levels to flex their creative muscles and strengthen their problem-solving skills, all while having a great time.

## RoboPRO | ages 7-12



Kids will explore the wonders of robotics and programming by utilizing the Code Ninjas® Toolbox to its full potential. The toolbox is a Code Ninjas®-exclusive robotics kit that contains a variety of items, from building blocks and LEDs, to servo motors and sensors. Each day, campers will work through progressively more complex projects that will teach them engineering, programming and team work at the same time.

## Discovery | ages 7-12

Whether it is 3 or 4 days, Discovery Camp will give campers an exciting camp experience! Each day will be jam packed with fun discoveries, sports, active games, swimming, special events and more! To ensure all campers have the opportunity to develop friendships and experience skill development, *registration of 3 or 4 days per 5 day camp week is required.*



# Youth/Teen Camps | ages 9 - 15

**Week 1**  
Jun 29-Jul 3\*

**Week 2**  
Jul 6-10

**Week 3**  
Jul 13-17

**Week 4**  
Jul 20-24

**Week 5**  
Jul 27-31

**Week 6**  
Aug 4-7\*

**Week 7**  
Aug 10-14

**Week 8**  
Aug 17-21

**Week 9**  
Aug 24-28

**Week 10**  
Aug 31-Sep 4

## Adventure - Challengers | ages 10-14

Through outdoor education and environmental exploration youth will gain confidence, learn about the environment around them, and gain an appreciation for the great outdoors. Adventure campers will participate in outdoor education activities such as nature based programming, archery, canoeing (at select locations), sustainability, adventure-based initiatives and more! Come on an adventure with us and spend each day outdoors exploring all that nature has to offer!

## Youth Fit | ages 10-15

This camp will give youth the opportunity to learn what they can do to live a healthy, active lifestyle. Campers will be guided through a fitness program with one of our certified YMCA Fitness Coaches and have supervised access to fitness equipment. Each day campers will experience a new fitness class or activity, while also learning to prepare healthy recipes. Campers will experience traditional camper activities for a portion of the day. Join Youth Fit to have fun while embracing a healthy lifestyle!

## Young Artists | ages 9-13



New this year from the Creative Bug, campers will spend part of the day creating art projects and the rest of their day experiencing traditional camp activities.

**Creatures of the Land, Sea and Air! (weeks 2, 4 & 5)** | Artists will take inspiration from worldly creatures while exploring a variety of mediums including painting, soap making, designing & creating a custom plush and more!

**Paint & Dye! Oh My! (week 7)** | Artists will experiment with tie dye, screen printing, poured painting, painting with water colours and acrylics and more! \*Please bring a light coloured plain shirt at the start of the week.

## You're the Chef | ages 9-13



In partnership with the Niagara Region Public Health's You're the Chef program, this camp is a fun way to learn how to cook. Each day campers will learn the skills to follow a recipe to create delicious snacks and meals. Campers will spend the remainder of the day participating in traditional camp activities.





# Leadership Camps | ages 11 - 15

**Week 1**  
Jun 29-Jul 3\*

**Week 2**  
Jul 6-10

**Week 3**  
Jul 13-17

**Week 4**  
Jul 20-24

**Week 5**  
Jul 27-31

**Week 6**  
Aug 4-7\*

**Week 7**  
Aug 10-14

**Week 8**  
Aug 17-21

**Week 9**  
Aug 24-28

**Week 10**  
Aug 31-Sep 4



## Leaders In Training | ages 11-14

This two-week camp program is designed to provide youth with the skills they need to be a leader in our community. They will have a chance to volunteer, participate in exciting team building activities, and build new leadership skills. They will also experience a memorable one-night camp sleep-out at Camp Wetaskiwin. During the sleep-out, campers will have fun participating in leadership initiatives, team challenges and a traditional campfire program.

## Counsellor in Training | ages 14-15

This three-week program is geared towards teens who are looking to gain experience working with children and want the fun and leadership skill building that camp brings. For the first two weeks, CITs will work with a mentor to learn how to plan and facilitate camp programs, understand group dynamics and work with a wide variety of children, all while developing their leadership skills.

During the first week of camp, CITs will participate in a day trip designed to foster growth through team challenges and leadership initiatives. During the second week, CITs will participate in a memorable one-night camp sleep-out at Camp Wetaskiwin. The third week of camp provides the opportunity for CITs to be paired with a counsellor in one of our junior camps to gain experience and practice their skills. CITs who successfully complete their placement week will be eligible to use 40 hours toward their high school community service component.

## Assistant Counsellor | age 15

Join our team and develop your skills. The Assistant Counsellor program is for potential counsellors who are looking to gain experience. You will have the opportunity to lead games, songs, and activities with a group of campers under the mentorship of a camp counsellor. Assistant counsellors are required to attend pre-camp training in June and commit to 3-4 weeks of camp during the summer. This program is available in all camp cities with limited space available. Assistant counsellors will receive a letter at the end of the summer confirming the amount of volunteer hours spent with YMCA Day Camps. Applications are available at [ymcadaycamp.ca](http://ymcadaycamp.ca) and close on May 31.

*"My children had fun and  
always look forward to going!  
The camp counselors were  
warm and friendly, and always  
greeted my children by name."*

*-2019 Camp Parent*





# Helping Hands / Licensed Child Care

## Helping Hands | ages 5-15

Helping Hands is a program that strives to provide a positive, integrated day camp experience for children and youth with differing abilities who require additional support in camp. A limited number of spaces and days are available for those requiring a helping hand in smaller ratio. The fee for Helping Hands is \$250 per week.

Summer intake will open on April 1, at 9:00 am by emailing [helping.hands@niagara.ymca.ca](mailto:helping.hands@niagara.ymca.ca)

For details on how to register, please contact the Day Camp office at [ymcadaycamp@niagara.ymca.ca](mailto:ymcadaycamp@niagara.ymca.ca) or 905-934-9755 ext. 280.

Families who are applying for subsidy from the Niagara Region should complete the subsidy process before contacting the YMCA.

If your child requires specialized supports and/or the Helping Hands program is full, families have the option to hire their own Support Worker to help their child successfully participate in YMCA Day Camp. For more information on this option please contact the Helping Hands team at [helpinghands@niagara.ymca.ca](mailto:helpinghands@niagara.ymca.ca)

## Community Living



In Port Colborne-Wainfleet and Fort Erie, the YMCA of Niagara partners with Community Living to offer children with intellectual challenges that are supported by the agency additional support in camp.

For more information, please contact:

**Port Colborne Wainfleet**  
905-835-8941 ext. 135

**Fort Erie**  
905-871-6770 ext. 240

## Licensed Child Care

YMCA Licensed Child Care is offered for 3 and 4 year olds (3 year olds must be born in 2016) during the summer months at the following locations:

**Hours:** 7:00 am to 6:00 pm Monday through Friday.

**Cost:** \$37.25 per day; Regional subsidy available. Daily and weekly care options are available.

### Locations

#### St. Catharines

Grapeview Public School	106 First St. Louth, St. Catharines, ON L2R 6P9 P: (905) 682-9455
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#### Niagara Falls

Kate S Durdan Public & Loretto Catholic Schools	6855 Kalar Rd., Niagara Falls, ON L2H 2T3 P: (905) 354-4555
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#### Welland & Pelham

Father Fogarty Centre	269 Thorold Rd. Welland, ON L3C 3W1 P: (905) 788-3505
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#### West Niagara\*

Our Lady of Fatima Catholic School *June 29 to August 28	69 Olive St., Grimsby, ON L3M 2C3 P: (905) 309-2219
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**To register, contact the child care centre directly.** For more information visit [ymcaofniagara.org](http://ymcaofniagara.org).



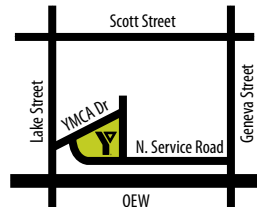
# Day Camp Locations

## St. Catharines

### Walker Family YMCA

25 YMCA Drive, St. Catharines

The Walker Family YMCA branch is an air conditioned facility featuring a swimming pool, splash pad, two large gymnasiums and multipurpose rooms.



### St. Theresa Catholic Elementary School

58 Seymour Ave, St. Catharines

This site features multipurpose space, gymnasium, outdoor fields and playground. St. Theresa is in walking distance of the Lion Dunc Schooley outdoor pool.



### Burgoyne Woods (weeks 4 & 5 only)

Off Edgedale from Glenridge, St. Catharines

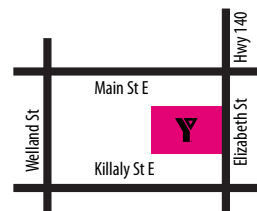
Burgoyne Woods features wooded areas, nature trails, sports fields, playgrounds, and a pavilion. Campers will be bussed to Lion Dunc Schooley outdoor pool.



### Port Colborne YMCA

550 Elizabeth Street, Port Colborne

The Port Colborne YMCA is an air-conditioned facility featuring two swimming pools, two large gymnasiums, fitness centre, multipurpose rooms and a variety of outdoor sports fields.



## West Niagara

### St. Ann Catholic Elementary School/ Gracefield Public School

218 Main Street, St. Catharines

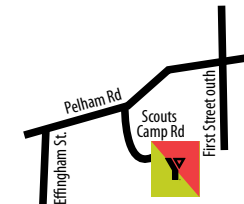
This site features multipurpose space, gymnasium, outdoor fields and playground. St. Ann's is in walking distance of the Port Dalhousie outdoor pool. Gracefield Public School is located directly behind St. Ann's.



### Camp Wetaskiwin

3072 Scout Camp Road, St. Catharines

This outdoor site is an 80-acre Scout Camp located on the outskirts of St. Catharines, and borders on Short Hills Provincial Park. The camp boasts an in-ground pool, lodge, valley and wooded campsites, fresh water streams, trails and open spaces.



### Niagara West YMCA

325 Main Street East, Grimsby

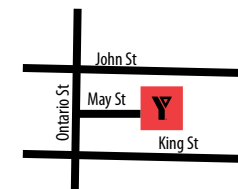
The Niagara West YMCA is an air-conditioned facility featuring a leisure pool and lane pool, large gymnasiums, fitness centre, multipurpose spaces, enclosed outdoor play spaces and a variety of multipurpose rooms. Campers will walk to a near-by park for outdoor activities.



### Beamsville District Secondary School

4317 Central Ave, Beamsville

This site features multipurpose space, gymnasium, and outdoor fields. Beamsville District Secondary School is in walking distance of the Allan F. Gretsinger Community outdoor pool.

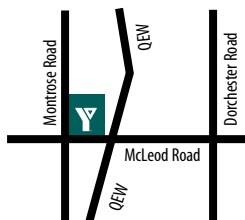


## Niagara Falls

### Niagara Falls YMCA

**7150 Montrose Road, Niagara Falls**

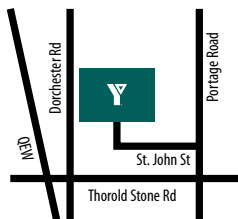
Located at the MacBain Community Centre, the Niagara Falls YMCA is a fully air conditioned facility featuring a leisure pool, lane pool, water slide, three large gymnasiums, a variety of multipurpose rooms, green space, outdoor playground and splash pad.



### E.E Mitchelson Park

**Springdale Avenue, Niagara Falls**

Occupying three hectares of parkland in the centre of Niagara Falls, this park features two city pools, a splash pad, sports fields, playgrounds, baseball diamonds, soccer fields and green space.



### Fireman's Park - Lower Site

**Mountain Road at Dorchester Niagara Falls**

Best known for its 55 hectare natural park, located in the north end of Niagara Falls on the beautiful Niagara Escarpment, Fireman's Park includes large fields, a nature trail, pavilions and a pond for fishing and canoeing.

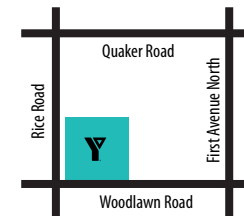


## Fort Erie

### Niagara Centre YMCA & Alexander Kuska / Quaker Road Schools

**310 Woodlawn Road, Welland**

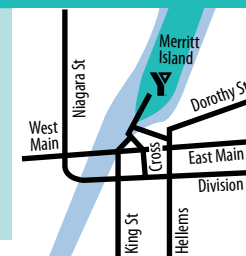
Located on the Niagara College campus in Welland, the Niagara Centre YMCA is a fully air conditioned facility featuring a leisure pool, lane pool, large gymnasiums, a variety of multipurpose rooms, outdoor green space and playing fields.



### Merritt Island

**Welland**

This island, located between the Welland Recreational Waterway and Welland River is home to a pavilion, tree lined trails, a playground, open fields and green space. Campers will be bussed for swimming.



### Lion's Sugarbowl Park

**Gilmore Road and Central Avenue, Fort Erie**

This outdoor site features a swimming pool, open green space, playground equipment, a wooded area and pond. Campers will walk to Our Lady of Victory Catholic Elementary School to use during inclement weather.





*"My daughter had a great time at camp,  
she learned new songs and games.  
She came home singing just about everyday."*

*-2019 Camp Parent*





# Preparing for Camp / How to Register

## Selecting the right camp

- Is your child the correct age for the camp selected by the first day of the camp?
- Choose a camp that meet's your child's interests by reviewing the camp descriptions, chart and site information.
- Will your child be successful in a 1 to 12 staff to camper ratio? If they would benefit from a smaller ratio please check out Helping Hands on page 15.

## Important information:

- Camp will not be offered on Canada Day (Wednesday, July 1) or the Civic Holiday (Monday, August 3). All camp fees are pro-rated for weeks 1 & 6.
- Swimming is available for campers ages 7 and older. Swimming schedules vary by location and range from 3 to 5 days per week (weather permitting).
- As a charitable organization the YMCA strives to ensure every child can participate in camp. For information on Financial Assistance please see the back cover.
- Individuals 16+ who are listed as an authorized pick up will be the only ones able to pick up a child from camp, and will be required to show valid government issued photo identification each day.
- All camps are a full week except for Aquatics (2 wks), Leader in Training (2 wks), Counsellor in Training (3 wks), and Discovery Camps (3 or 4 day a week registration).
- Once you register you will receive an email with your receipt and a confirmation letter with information about camp events and how to stay connected with the camp community.

More information about YMCA Day Camps is available at [ymcadaycamp.ca](http://ymcadaycamp.ca) including the Day Camp Handbook with information on what to bring, code of conduct, camp schedules and more.

## Hours of Operation

8:30 am to 4:30 pm

For your convenience, drop-off directly to the camp site begins at 8:00 am and pick-up ends at 5:00 pm for no additional fee.

## Extended Care

Extended Care is available at all YMCA Branch locations as well as Sugarbowl Park.

AM: 7:30-8:30 am Cost: \$18/week

PM: 4:30-6:00 pm Cost: \$23/week

Daily extended care is available for Discovery camps at a pro-rated fee.

## Busing

Busing is available in select cities for a fee of \$18/week or \$3.60/day for Discovery camps.

Buses leave by 8:30 am and arrive back between 4:30 and 4:45 pm based on road conditions.

## Bus Routes:

City	Drop Off/ Pick Up	Stops
St. Catharines	Walker Family YMCA	• St. Ann's / Gracefield • Camp Wetaskiwin • St. Theresa
West Niagara	Niagara West YMCA	• Camp Wetaskiwin • Beamsville DSS
Niagara Falls	Niagara Falls YMCA	• EE Mitchelson Park • Fireman's Park
Welland	Niagara Centre YMCA	• Merritt Island

## How to Register

Register today by visiting us online at [ymcadaycamp.ca](http://ymcadaycamp.ca)

- Visa or Mastercard credit, debit or prepaid card payments are required at the time of registration.
- For your convenience camp fees can be spread out through pre-authorized payments until June 30.
- A minimum deposit of \$25/week or \$5/day is required at the time of registration and is non-refundable.
- Registrations received after June 15 must be paid in full.
- Registrations will be accepted until the camp is full or the Friday at 4:00 pm the week before the camp is scheduled to begin.

If you require assistance with your registration, please contact the Day Camp Office at (905) 934-9755 ext. 280 or [ymcadaycamp@niagara.ymca.ca](mailto:ymcadaycamp@niagara.ymca.ca)

## Cancellation Policy

Requests for refunds made up to two weeks prior to the camp date will be issued. All refund requests must be made in writing to [ymcadaycamp@niagara.ymca.ca](mailto:ymcadaycamp@niagara.ymca.ca). Camp fees are non-refundable within two weeks of camp. Exceptions may be considered for confirmed medical reasons with proper documentation. Refunds will not be given if a camper is sent home as a result of their behaviour or if they are ill.

## Want email updates from YMCA Day Camp?

Please ensure you say **YES** to email consent when registering.



## Financial Assistance



Niagara Region Financial Assistance is available to families who qualify through the Niagara Region. For more information and to apply online, visit [niagararegion.ca/childcare](http://niagararegion.ca/childcare) or call (905) 980-6000 ext. 3897 or 1-800-263-7215 ext. 3897. Camp registrations can be processed once written approval has been received from the Region.



We believe in the potential of every kid. A financial obstacle should never stop a child from reaching their full potential. The YMCA Strong Kids Campaign ensures that every kid gets the opportunity to learn and grow at the Y. Please contact your local YMCA to learn more about Financial Assistance to help with camp fees.



**Mission:** The YMCA of Niagara is a charity, open to all, providing leadership and opportunities for people and their community to grow in spirit, mind and body.

**Vision:** Inspiring health, wellness and community for life.

**Core Values:** Caring, Health, Honesty, Inclusiveness, Respect, and Responsibility.

Charitable Registration #11906 4400 RR0001

**Have Questions? Have some feedback? We want to hear from you!**

Please call the Day Camp Office at (905) 934-9755 x280 or email us at [ymcadaycamp@niagara.ymca.ca](mailto:ymcadaycamp@niagara.ymca.ca)

25 YMCA Drive, St. Catharines, ON L2N 7P9