



Niagara Family YMCA

Niagara Centre

905-735-9622 | ymcaofniagara.org

Please note the following changes to our Program Schedule during the week of March Break

March 16-22, 2020

Unless indicated, all other programs remain the same

Lane and Leisure Pool

Lane Swim, Aquafit and Open Swim remain the same

Swim Lessons are not running and will become Open Swim

Swim to Survive is not running and will become Open Swim

Camp will swim during the 10:00-11:00 Open Swim

Studio and Room AB

Tuesday 9:15 Strength will be moved from Gym to AB

Gyms 1/2/3

Camp will be in Gym 1/2 from 11:00-1:00 and 4:00-5:00 (M-F)

Camp will be in Gym 1/2 from 9:00-11:00 on Tuesday Mar 17

Creative Play will be in Gym 1/2 from 9:00-10:00 (M,F)

Registered Programs and Youth Leadership are cancelled this week.

All other gym times remain the same

Room C

Camp will be using Room C from 7:00am-6:00pm (M-F)