



## YMCA Employment Opportunity

### **Program Coordinator, Fitness (Group and/or Individual Conditioning)**

**YMCA Membership Branch – Niagara Centre (Welland)**

**Starting rate: \$18.94/hr. plus YMCA Membership Benefits**

**Start date: Immediately**

**Full Time 40 hours per week - days, evenings, weekends, holidays**

#### **QUALIFICATIONS:**

- Degree or Diploma is required, in a related field preferred (Health Sciences, Phys Ed.)
- YMCA Canada Group Fitness Certification (Aquatic Fitness and Choreography required)
- YMCA Canada Individual Conditioning certification
- Minimum 3 years' experience supervising staff/volunteers
- Minimum 3 years practical experience in the fitness industry
- Minimum 3 years' experience coaching individuals who are new or returning to fitness
- Proven customer service skills Flexibility; willingness to learn new skills and to alter shifts
- Excellent interpersonal and relationship building skills
- Able to lift 45 lbs. or greater
- A clear and satisfactory criminal reference check inclusive of the vulnerable sector search (CRC VSS) issued for the YMCA of Niagara
- Current Standard First Aid/CPR[C] [within 2 years from date of issue]

#### **RESPONSIBILITIES:**

- Recruit, train/orient, supervise and develop all Fitness Staff and Volunteers
- Administrative functions as it pertains to Human Resources and Payroll management
- Ensure that all association operating policies, guidelines and requirements are met regarding human resources, risk management and fiscal management
- Foster an outcome based staff culture that focuses on program quality, member engagement and customer service focusing on member growth and retention
- Provide fitness instruction/coaching in both one-on-one and group formats; deliver service as part of the YMCA of Niagara Personal Fitness Program
- Maintain positive relationships with members through ongoing connections
- Coordinate and deliver Personal Training services to members
- Engage and connect with new members to ensure that available appointments are booked whenever possible
- Build relationships with members in order to optimize members' experience and help them to achieve their fitness goals
- Provide expertise with Group Training on Fitness Floor (Gravity at the Walker Family Branch)
- Accountable for following systems, practices and targets which support Member Retention
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## **YMCA of Niagara**

The YMCA is a charity dedicated to building healthy communities.

The YMCA of Niagara delivers programs in Health & Fitness, Community Outreach, Child Care, Day Camp and Employment & Newcomer Services throughout Ontario's Niagara Region.

We are committed to nurturing the potential of children, youth and families, promoting healthy living and fostering social responsibility within the community.

Operating from 112 sites across Niagara, and supported by 1,500 employees and 840 volunteers annually, the YMCA has a positive impact on the health of over 92,000 individuals annually.

Our focus on inclusiveness and accessibility means we serve people of all ages, backgrounds and abilities through all stages of life. Through the YMCA Strong Kids campaign, the YMCA is accessible to all.

*Building healthy  
communities*



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### RESPONSIBILITIES (CON'T):

- Monitor member development and progress. Provide feedback to the member that is constructive, positive and specific to the member goals.
- Approach members and assist them with their fitness progress
- Manage and ensure proper adherence of the FitLinxx standards among staff
- Develops and maintains the scheduling of classes and appointments in EzFacility
- Ensure a safe, clean and well maintained environment
- Maintain SAM 2.0 Standards
- Required to perform Duty Manager tasks as per branch scheduled needs
- Adhere to the YMCA Child Protection Policies and Procedures as established by the YMCA of Niagara
- Other duties as required

### CORE COMPETENCIES:

- Service orientation: Deliberately identifies and creates opportunities to enhance each and every individual's YMCA experience
- Coaching and development: Commits to assisting participants, volunteers, staff and self in continuous learning and development
- Planning and Organizing: Establishes a clearly defined and effective course of action for self and others to accomplish short and long term work goals.
- Conflict Resolution: Facilitates appropriate and timely solutions to conflict.
- Quality focus: Ensures that YMCA programs and services are superior
- Relationship building and collaboration: Builds positive interactions both internally and externally to achieve work related goals
- Concern for Health and Safety: Acknowledges and understands how to manage and educate others of risk and harm reduction

**Interested applicants are invited to submit a cover letter and resume along with documentation to verify completion of (or in process of completing) Standard First Aid/CPR(C) by noon on October 21, 2019 to:**

**E: [yjobs@niagara.ymca.ca](mailto:yjobs@niagara.ymca.ca) F: 289-362-1413**

Please indicate **position and branch/cities** applying for in the subject line of your email. ***Internal applicants are expected to notify their supervisor before applying. Only those applicants being considered for an interview will be contacted.***

*Accessibility accommodations and materials in alternate formats for individuals with disabilities can be arranged upon request.*

For more information on other opportunities at the YMCA of Niagara please visit: [ymcaofniagara.org](http://ymcaofniagara.org)

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