

Interactions



WALKER FAMILY YMCA
CENTRE
25 YMCA Drive
905-934-9622 ex 265

Monday and Wednesday
9am - noon
1 - 4pm

Tuesday and Thursday
9am - 8pm
Friday
9am - noon
Saturday
9am - 1pm

BUNTING ROAD CENTRE
234 Bunting Road
905-980-6000 ex 6211

Monday to Friday
9am - noon
Monday to Thursday
1 - 4pm

GRANTHAM CENTRE
469 Grantham Avenue
905-937-7007

Monday to Thursday
9am - 1pm
Friday
9am - noon

THOROLD CENTRE
15 Pine Street South
905-227-9783

Monday to Thursday
9am - 1pm
Friday
9am - noon

For further information
or for Administration
please call: 905-938-9392

JULY CLOSURES

All Centres are closed Monday, July 1 for Canada Day!

The Grantham Centre will be closed the week of July 22 - July 26

July registration will begin Tuesday, July 2 at 9am

Registration will begin on the first business day of each month and will be taken **Monday to Friday from 9am - 4pm.**

If you do not talk to someone when you call please leave a message and someone will get back to you by the end of the day or the following morning. Please remember to leave your name, number, what workshop you are registering for and if it is an adult workshop that is offering child care your child's name and age. Messages will be returned in the order they are received.

**To sign-up for all programs
please call 905-938-9392
Monday to Friday (excluding Holidays)
Between 9am – 4pm only**

To be fair to all participants, only messages left between these hours will be accepted.

Reminder calls are made to families participating in scheduled workshops.

If you are unable to attend a workshop please call the centre where the workshop is being held.

Our Infant Workshops are quite popular, and in order to serve more participants we ask that you choose only one infant workshop each month. Please register for as many adult workshops, field trips, children's creativity workshops and special events as you'd like!



Adult Opportunities (All of the following require registration)			
Adult Workshop	Date & Time	Location	Description
Prepping for JK!	Thursday, July 4 10am	Bunting Road Centre 234 Bunting Road St.Catharines	September is just around the corner! April Shaw will be here to share some awesome tips to help better prepare your child for this milestone event. It's never too early to learn. Limited child care is available.
Summer Sun Safety Tips	Saturday, July 13 9:30am - 10:15am	Walker Family YMCA Centre 25 YMCA Drive St. Catharines	Spending a lot of time outdoors this summer? Let's talk about ways to keep you and your children safe in the summer heat. No childcare.
The Facts About Infant Mental Health	Monday, July 15 10am - 11am	Grantham Centre 469 Grantham Avenue St.Catharines	Learn more about infant mental health and ways that you can help support the growth of a healthy brain. Limited childcare is available.
The Myths about Screentime	Wednesday, July 17 10am - 11am	Thorold Centre 15 Pine Street South Thorold	Hear how you CAN make selective use of screens an exciting and educational experience for your child. Limited childcare is available.
Boo-Boo Bunny	Friday, July 19 10am - 10:45am	Walker Family YMCA Centre 25 YMCA Drive St. Catharines	Turn an ordinary wash cloth into an adorable bunny that will help heal your child's summer time scrapes and scratches. Learn some basic first aid at the same time. Limited childcare available.
From Junk to Joy	Monday, July 29th 10am -11am	Grantham Centre 469 Grantham Avenue St.Catharines	Join us as we explore a variety of homemade toys that will help to strengthen your child's fine motor skills, develop their language skills and enhance cognitive development.

TRY IT TUESDAY AT WALKER!

Every Tuesday we will have fruits or vegetables for you and your little one to sample. Take home a copy of Canada's new Food Guide, recipes to try and other healthy-eating resources. No need to register, simply come in to the WFYC and mention you'd like to

TRY IT TUESDAY!

Tuesdays July 2, 9, 16, 23 and 30 from 9-11:30am

Well Baby Clinic and Parenting Drop-in

Every Monday Afternoon in the Resource Room at the Walker Family YMCA Centre

1 - 3:30 pm

The Well Baby clinic is a FREE service that will run once per week and a Public Health Nurse will be available to help families weigh their infant and answer questions about healthy growth and development, nutrition or breastfeeding concerns, and other issues parents face following the birth of their child.

Infants and Parent/Caregiver Interactions Children aged 0 - 12 months (All of the following workshops require registration. Please choose one)			
Infant Workshop	Date & Time	Location	Description
Babies and Bubbles	Friday, July 5 10am - 10:45am	Grantham Centre 469 Grantham Avenue St.Catharines	Watching bubbles is great fun for babies! Come with your baby and learn how this entertaining activity has many important roles in cognitive, language and physical development for babies.
About Your Baby's Temperment	Tuesday, July 16 10am - 11am	Thorold Centre 15 Pine Street South Thorold	Does your baby's temperment jive with yours? Or do you struggle to figure out his/her style? Join the discussion this morning to unravel the answer.
Infant Sensory Morning	Wednesday, July 17 9am - 11:30am	Walker Family YMCA Centre 25 YMCA Drive St. Catharines	Parents/caregivers with infants (who have started solids), join us for a morning of sensory fun as your infant explores, investigates and inquires using all of their senses. This is going to get messy!
Music Maker Shakers	Tuesday, July 23 1:30pm	Bunting Road Centre 234 Bunting Road St.Catharines	Bring an empty, dry water bottle to turn into a simple, inexpensive and easy shaker that we'll use in a little baby sing-a-long!

Outside Play at Walker on Saturdays!
Saturday, July 6, 13, 20 and 27
11am - Noon

Kids are naturally drawn to playing outside and there are numerous benefits of outdoor play: it allows them to explore their environment, develop muscle strength and coordination, and gain self-confidence. Parents/ caregivers, engage in some outdoor fun with your children in an all-natural outdoor play space.
 Advance registration is not required.

Splash Pad
Walker Family YMCA Centre

Thursday, July 11 - 2-3pm
 Monday, July 15 - 11am-noon
 Thursday, July 25 - 2-3pm
 Monday, July 29 - 11am - noon

Registration is not required.
 Please sign in at the centre and pick up your pass.
 Parents/guardians are responsible for the supervision of their children in the splash pad area.



Field Trip (Please read to see if registration is required)			
Field Trip	Date & Time	Location	Description
The Glenridge Quarry Naturalization Site St. David's Road	Wednesday, July 24 10am - 11am	Join the Thorold Centre at 400 St. David's Road St. Catharines	Join us for a pleasant, stroller-friendly adventure along the trail to the children's area, beside the meadow and over to the pond! Don't forget your sunscreen, hat and water!

Resource Consultants

Resource consultants will visit our sites monthly to support our EarlyON Child and Family Centres program staff with developmental screenings, support families with the referral process for further developmental and/or diagnostic follow-up and suggest play-based goals for any child in attendance. The first 5 years are the most important years of a child's life as it lays the foundation upon which future learning is built.

Visit our centres on the following dates to meet with our consultants and ask questions.

Thorold Centre: Thursday, July 18, 10am

Walker Family YMCA Centre: Resource Consultant on-call Monday, July 22 from 10-11am

Bunting Road Centre: Tuesday, July 23, 10am

Grantham Centre: Wednesday, July 31, 10am

Gym Time and Swim Time at the Walker Family YMCA Centre

For the summer, please join us in the Splash Pad or our Saturday Outdoor Play Time!
Gym Time will resume in September!

Special Events (Please read to see if registration is required)			
Special Event	Date & Time	Location	Description
Fun in the Park	Thursday, July 18 9:45am - 11am	The Park beside the Grantham Centre 469 Grantham Avenue St. Catharines	Join us for some fun activities in the park. Don't forget your sunscreen and water!
Temps de la Chanson	Saturday, July 27 10am	Walker Family YMCA Centre 25 YMCA Drive St. Catharines	Join Mariesa for songs and stories in French at Circle Time this morning! Tous sont les bienvenus!
Jump and Jive Gym Time!	Tuesday, July 30 9am - 11am	Thorold Centre 15 Pine Street South Thorold	Come and run, jump, wiggle, twist, crawl, pedal and stretch this morning in the gym!

Nurturing Children's Creativity
Children and Parent/Caregiver Interactions
Children of all ages
(The following workshops do not require registration)

These activities are now available at the centres on a **drop in basis, as supplies are available**.
 It is important to us to continue to offer you a welcoming environment which provides activities and materials allowing you and your child to engage in meaningful exploration and inquiry.

"Education is a natural process carried out by the child and is not acquired by listening to words but by experiences in the environment" -Maria Montessori

Child Workshop	Date & Time	Location	Description
Fizzy Baking Soda Painting	Monday, July 8 9am - 11:30am	Walker Family YMCA Centre 25 YMCA Drive St. Catharines	A science experiment and art activity in one! Children will paint with baking soda paint, then see what happens when we add vinegar. Any predictions?
Slippery Slime	Tuesday, July 9 All Morning	Bunting Road Centre 234 Bunting Road St.Catharines	It's a little messy but a whole lot of fun...especially for toddlers who enjoy mucking about!
Bug Hotel	Tuesday, July 9 9:30am - 10:30am	Grantham Centre 469 Grantham Avenue St.Catharines	Give your child a place to let his/her critter friends rest, yet keep your house free from spiders, bugs and worms. Put your little bug collector to work making and decorating a bug hotel for all of his/her creepy, crawling friends.
Paper Plate Unicorn	Thursday, July 11 9am	Thorold Centre 15 Pine Street South Thorold	This craft will encourage fine motor skills, use of tools, making choices and having fun!
Painting with Bubbles	Thursday, July 18 All Morning	Bunting Road Centre 234 Bunting Road St.Catharines	Painting with bubbles is a fun alternative to the watercolour painting that kids adore. They'll love creating imaginative bubble art with this colourful craft!
Leaf Rubbing	Tuesday, July 23 9am	Thorold Centre 15 Pine Street South Thorold	The best way to truly notice the delicate veining and shape of a leaf is with Leaf Rubbing. Come join us!
Pool Noodle Stamping	Thursday, July 25 9am - 3pm	Walker Family YMCA Centre 25 YMCA Drive St. Catharines	Not just for the pool anymore! Today we'll use pool noodles as gigantic paintbrushes to create a unique piece of art.
Pool Noodle Monster	Wednesday, July 31 9:30am - 11am	Grantham Centre 469 Grantham Avenue St.Catharines	Give the kids the supplies and let their imagination go wild! Do they want their monster to have a tons of eyes?...well, it can!

EarlyON Interactions July 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All Centres Closed for Canada Day!	2 Try it Tuesday 9am WFYC	3	4 AO: Prepping for JK 10am BRC	5 IAI: Babies and Bubbles 10am GC	6 Playground Play 11am WFYC
8 CC: Fizzy Baking Soda Painting 9am WFYC	9 Try it Tuesday 9am WFYC CC: Slippery Slime 9am BRC CC: Bug Hotel 9:30am GC	10	11 CC: Paper Plate Unicorn 9am TC Splash Pad 2-3pm WFYC	12	13 AO: Summer Fun Safety Tips 9:30am WFYC Playground Play 11am WFYC
15 AO: Infant Mental Health 10am GC Splash Pad 11am-Noon WFYC	16 Try it Tuesday 9am WFYC IAI: Baby's Temperment 10am TC	17 IAI: Infant Sensory Morning 9am WFYC AO: Myths About Screen Time 10am TC	18 CC: Painting with Bubbles 9am BRC SE: Fun in the Park 9:45am GC Resource Consultant 10am TC	19 AO: Boo-Boo Bunny 10am WFYC	20 Playground Play 11am WFYC
22 Resource Consultant 10-11am WFYC	23 Try it Tuesday 9am WFYC CC: Leaf Rubbing 9am TC Resource Consultant 10am BRC IAI: Music Maker Shakers 1:30pm BRC	24 FT: Glenridge Quarry 10am with the TC	25 CC: Pool Noodle Stamping 9am WFYC Splash Pad 2-3pm WFYC	26	27 SE: Temps de la Chanson 10am WFYC Playground Play 11am WFYC
Grantham Centre Closed All Week					
29 Splash Pad 11am-Noon AO: Junk to Joy 10am GC	30 Try it Tuesday 9am WFYC SE: Jump Jive and Gym 9am TC	31 CC: Pool Noodle Monster 9:30am GC Resource Consultant 10am GC			

Workshop Legend:
AO: Adult Opportunities
IAI: Infant and Adult Interactions
CC: Children's Creativity
SE: Special Event
FT: Field Trip

Centre Legend:

BRC - Bunting Road Centre **GC** - Grantham Centre **TC** - Thorold Centre **WFYC** - Walker Family YMCA Centre