

Ontario Early Years Centre Interactions

OEYC St. Catharines June 2017 Newsletter

WALKER FAMILY YMCA SITE
25 YMCA Drive
905-934-9622 ex 265

Monday and Wednesday
9am - noon
1 - 4pm

Tuesday and Thursday
9am - 8pm

Friday
9am - noon

Saturday
9am - 1pm

BUNTING ROAD SITE
234 Bunting Road
905-980-6000 ex 6211

Monday to Friday
9am - noon

Monday to Thursday
1 - 4pm

GRANTHAM SITE
469 Grantham Avenue
905-937-7007

Monday to Thursday
9am - 1pm

Friday
9 am - noon

THOROLD SITE
15 Pine Street South
905-227-9783

Monday to Thursday
9am - 1pm

Friday
9am - noon

For further information
or for
OEYC Administration
please call: 905-938-9392

Registration for June's workshops will start
Thursday, June 1 at 9am.

Happy Birthday Canada!



For the month of June leading up to Canada Day, the St.Catharines/Thorold OEYCs invite you to be a part of a community art project that explores what being "Canadian" means to YOU! Using their creativity, children and families can use the materials and templates provided to express artistically why Canada is so special and important to them.

St.Catharines/Thorold OEYC Summer Book Swap Starts June 5 all Summer Long

Summer is the perfect time to sit in the shade with a good book. Bring in your old favourite to any of our sites and trade it in for a new favourite. When you are finished with it you can bring it back and swap it out again. Visit all of our sites for a variety of books. If you find a new favorite that you are not willing to part with that is great. Bring in another old favourite and start the process all over again!

June Closures

Grantham Site closed Thursday, June 15 - Wednesday, June 21

Thorold Site closed Monday, June 26 - Friday, June 30

Bunting Road Site closed Friday, June 30

Walker Site will be closed Saturday, July 1



Workshop Registration Information

Registration will begin on the first business day of each month and will be taken

Monday to Friday from 9am - 4pm.

Messages left outside of these hours will not be accepted.

Though creative materials are available in the centre for use at any time, our children's registered workshops are very popular. In order that we might serve more families, we ask that you sign up for only **one workshop per child per month**. There may be an opportunity to place your child's name on a wait list for other workshops they may be interested in. You may register for as many adult workshops and field trips as you like.

**To sign-up for all programs
please call 905-938-9392
Monday to Friday (excluding Holidays)
Between 9am – 4pm only**

Reminder calls are made to families participating in scheduled workshops.

If you are unable to attend a workshop please call the centre where the workshop is being held.

Please note that June's registration will begin Thursday, June 1 at 9am.

Resource Consultants

Resource consultants will visit our sites monthly to support our OEYC program staff with developmental screenings, support families with referral process for further developmental and/or diagnostic follow-up and suggest play-based goal plan recommendations for any child in attendance. The first 5 years are the most important years of a child's life as it lays the foundation upon which future learning is built.

Visit our sites on the following dates to meet with our consultants and ask questions.

Grantham Site: Wednesday, June 7, 10am
Walker Family YMCA Site: Thursday, June 15, 10am
Bunting Road Site: Tuesday, June 20, 10am
Thorold Site: Wednesday, June 21, 9:30am

Recreational Swimming at the Walker Family YMCA Site

Tuesday, June 13, 1-2pm
Monday, June 19, 10:15-11:15am
Tuesday, June 27, 1-2pm

YMCA Canada encourages that all children are a minimum of six months of age to participate. One adult per child is required for water activities. If your child is not fully toilet trained they must wear swim diapers or plastic pants.

Registration is not required. Please sign in at the centre and pick up a swim pass.

Gym Time at the Walker Family YMCA Site

Friday, June 2, 9, 16, 23 and 30
11:15-11:45am

Gym time encourages you to get active with your children. Children will enhance their co-ordination, balance and gross motor skills.

**ALL children must have clean shoes on in the gym.
Please enjoy food and beverages in the café.**

Adult Opportunities
Parent/Caregiver Education

(All of the following workshops require registration)

Adult Workshop	Date & Time	Location	Description
Family First Aid	Wednesday, June 7 10-11am	Thorold Site 15 Pine Street South Thorold	First Aid trainer, Doris Fiander will be with us to share basic first aid information such as how to respond to scratches, bites, rashes, choking and when to call 911. Limited child care is available.
Monster Bookmarks	Thursday, June 8 9:30-10:30am	Bunting Road Site 234 Bunting Road St.Catharines	They are easy to make and fun to use. Ideal for your little reader! Limited child care is available.
Importance of Rhyming	Thursday, June 8 10-11am	Grantham Site 469 Grantham Avenue St.Catharines	Join us as we discuss the importance of rhyme in early literacy development and how we can help young children with this at home. Limited child care is available.
Balance for Life	Thursday, June 15 9:30-10:30am	Thorold Site 15 Pine Street South Thorold	By establishing a greater balance of body and mind, one can stimulate well-being and healing. Approaches derived from meditation and yoga can reduce anxiety in our every day lives. Limited child care is available.
Toilet Training Readiness	Tuesday, June 20 9:30-11am	Thorold Site 15 Pine Street South Thorold	Are you looking ahead to toilet training your toddler this summer? Take advantage of this opportunity to chat with a Public Health Nurse about signs of readiness, as well as tips to help get it done! Limited child care is available.
Managing Stress	Thursday, June 22 10-11am	Walker Family YMCA Site 25 YMCA Drive St.Catharines	Overwhelmed? This workshop will help you identify sources of parenting related stress and learn skills to reduce and manage it. Limited child care is available.
Ways for Dad to Connect	Friday, June 23 10-11am	Grantham Site 469 Grantham Avenue St.Catharines	Dads are such an important part of their child's development, and all dads like to play! Join us for this discussion where we will share simple and fun ways Dad can bond and impact their child for life. Limited child care is available.
It's Not Just Child's Play	Tuesday, June 27 2-3pm	Bunting Road Site 234 Bunting Road St.Catharines	Join Sue to better understand why children play the way that they do!
St.Catharines Staycations	Thursday, June 29 6:15-7:15pm	Walker Family YMCA Site 25 YMCA Drive St.Catharines	Looking for something to do this summer, but don't want to leave the city? Join us for an informal discussion on events and activities happening in and around the city that suit any budget. No child care available.

Field Trip

(Please check to see if registration is required)

Field Trip	Date & Time	Location	Description
Morning at Lock 3	Thursday, June 15 10-noon	Grantham Site 469 Grantham Avenue St.Catharines	Slap on the sunscreen and sunhat, grab your camera, we are off to Lock 3. We will spend time playing games in the park and if we are lucky we will watch a boat or two pass through the lock.
Wee Wigglers Baby Buds (Grantham Plaza in the Dance FX Studio 400 Scott Street)	Friday, June 16 9:30-10:15am	Walker Family YMCA Site 25 YMCA Drive St.Catharines	This fun and friendly class will inspire you and your little one (walking to 21 months) using musical fitness and play. Please bring indoor shoes, a yoga mat, and water.
St.Catharines Farmers Market	Thursday, June 22 10-11am	Thorold Site 15 Pine Street South Thorold	Join us at the market this morning! So much to see, and smell, and taste! A treat for the senses.

Dad Central Niagara Survey

This survey is designed to discover what the interests and needs are of dads in our community. By “dad”, we mean biological dad, boyfriend, step-dad, grand-dad, adoptive dad, or caregiver.

This information will help us to make sure that programs, services and supports are able to meet the interests and needs of dads as well as any other parent or caregiver. We are interested in the feedback of men who are dads or are raising children to help us serve you better.

This survey will take you 5 minutes to complete. At the end of the survey, you can enter your contact information for a chance to win one of three \$50 gift cards. Thank you for taking the time to complete this survey!

Follow the link below to fill out the survey

https://www.niagararegion.ca/survey/health/5_2/rws5.pl?FORM=DadCentralNiagaraSurvey

Visit any one of these sites to find our newsletter.



YMCA Twitter: @YMCANiagara



Facebook: YMCA of Niagara

YMCA of Niagara website:

<http://www.ymcaofniagara.org/programs/community-initiatives/ontario-early-years-centres/>

Nurturing Children's Creativity
Children and Parent/Caregiver Interactions
Children of all ages

(All of the following workshops require registration)

Child's Workshop	Date & Time	Location	Description
Canada Day Luminaries	Thursday, June 8 1:30-2:30pm	Walker Family YMCA Site 25 YMCA Drive St.Catharines	Children 2 years and older will love this workshop. Show your national pride and celebrate Canada's 150th with these easy homemade red and white luminaries.
Tumbling Tots	Monday, June 12 and 26 2:30-3pm	Walker Family YMCA Site 25 YMCA Drive St.Catharines	Tumbling Tots is an active program that will provide children aged 15 months to 3 years with opportunities to participate in age-appropriate activities to help them develop their fundamental movement skills. Registration is not required.
Dad's Day Craft	Tuesday, June 13 9:30-10:30am	Thorold Site 15 Pine Street South Thorold	This is, "the one that got away." We will turn a CD into a flashy fish to dazzle Dad and remind him how much he is loved!! For children 18 months and older.
"You Rock" Paperweight	Tuesday, June 13 9:30-10:30am	Bunting Road Site 234 Bunting Road St.Catharines	Toddlers on up can easily make this cute gift for the special man in their lives!
T-Shirt for Dad	Wednesday, June 14 9:30-10:30am	Grantham Site 469 Grantham Avenue St.Catharines	Bring along a "Dad" sized tee shirt and let your child do the rest. They will have the opportunity to use a variety of paints and colours to personalize it resulting in a truly original gift. This workshop is for children 18 months and over.
Father's Day Coasters	Saturday, June 17 10-11am	Walker Family YMCA Site 25 YMCA Drive St.Catharines	Children ages 2- 6 years old bring in some pictures of you and that special guy in your life to make a coaster set in honour of Father's Day.
Fairy Garden	Thursday, June 22 9:30-10:30am	Bunting Road Site 234 Bunting Road St.Catharines	Your child's imagination is all that's required.
Canada Day Tin Can Windsock	Tuesday, June 27 9:30-10:30am	Grantham Site 469 Grantham Avenue St.Catharines	This craft's a cinch for children aged 2 and over , and will look great blowing in the wind on Canada Day!

Well Baby Clinic and Parenting Drop-in

Every Wednesday 9am – noon at the Walker Family YMCA Site

The Well Baby Clinic and Parenting Drop in is a FREE service available to parents and families of children from birth to 12 months. These clinics will run once per week and a Public Health Nurse will be available to help families weigh their infant and answer questions about healthy growth and development, nutrition or breastfeeding concerns, and other issues parents face following the birth of their child.

Infant Child Development Specialist

This is an opportunity to sit informally with an Infant Development Therapist, and have your questions answered. They are a wonderful source of knowledge, and are able to suggest simple solutions, complete assessments, make referrals and help with the many mysteries about children from birth to 24 months.

Every Wednesday from 9 - 11:30am - Walker Family YMCA Site

Tuesday, June 13 - 9am - Thorold Site

Infants and Parent/Caregiver Interactions

Children aged 0 - 12 months

(All of the following workshops require registration)

Child's Workshop	Date & Time	Location	Description
Infant Massage	Monday, June 5, 12, 19 and 26 10-11am	Walker Family YMCA Site 25 YMCA Drive St.Catharines	Infant Massage provides a great opportunity to connect with your baby. You will enjoy a relaxing time together, benefit by improving baby's circulation, growth and development, and much more. Register you and your infant (birth to pre-crawling) for this popular 4-week program.
Your Infant's Small But Mighty Brain	Thursday, June 8 10-11am	Thorold Site 15 Pine Street South Thorold	Your baby's brain is actively creating new connections with every experience. This morning we will talk about how we can deliberately support further growth and development. For adults who care for children under 6 months. Babies are welcome.

Special Event

(Please check to see if registration is required)

Event	Date & Time	Location	Description
Circle Time with April Shaw	Wednesday, June 21 10am	Bunting Road Site 234 Bunting Road St.Catharines	Our wonderful literacy consultant April Shaw will join us today for a fun and interactive circle time
Canada 150 Extravaganza!	Friday, June 23 All Morning	Thorold Site 15 Pine Street South Thorold	Ohhhh Canada...come, and take part in the first of our summer of Canada 150 celebrations. We will create a mural, and make maple leaf crowns, in time for the big day. Wear something red/ white and join in our mini parade to the corner and back!! All are welcome.
Sgt.Lance Dobbin from the Niagara Parks Police	Tuesday, June 27 10am	Bunting Road Site 234 Bunting Road St.Catharines	A great opportunity for your child to meet a new friend...a uniformed police officer!



**Calling all parents
with children
ages 0-6!**

**We want to
hear from you!**

**Enter to WIN
weekly prizes and
a grand prize
family fun pack
valued at \$500!**

Changes are coming to child and family centres in Ontario. In the Niagara region, we need your feedback to better understand which current services and supports are valued and which are needed by families with young children. Please complete this questionnaire to help us plan the local child and family centres.

visit ParentsVoice.ca for the survey

For more information on the survey please
call **905-980-6000 ext. 3804**

Survey is available online: MAY 18-JUNE 28, 2017
• Contest winners will be notified by JULY 7, 2017.

Brought to you by:

Niagara  Region



OEYC St. Catharines June 2017 Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3
	<p align="center">Legend:</p> <p>WFYS - Walker Family YMCA Site</p> <p>GS - Grantham Site</p> <p>TS - Thorold Site</p> <p>BRS - Bunting Road Site</p>		Gym Time 11:15am WFYS		
5 IW: Infant Massage 10am WFYS	6	7 Well Baby Clinic 9am WFYS ICDS 9am WFYS Resource Consultant 10am GS AW: Family First Aid 10am TS	8 AW: Monster Bookmarks 9:30am BRS AW: Importance of Rhyming 10am GS CW: Canada Day Luminaries 1:30pm WFYS	9 Gym Time 11:15am WFYS	10
12 IW: Infant Massage 10am WFYS CW: Tumbling Tots 2:30pm WFYS	13 ICDS 9am TS CW: Dad's Day Craft 9:30am TS CW: "You Rock" Paperweight 9:30am BRS Recreational Swimming 1pm WFYS	14 Well Baby Clinic 9am WFYS ICDS 9am WFYS CW: T-Shirt for Dad 9:30am GS	15 AW: Balance for Life 9:30am TS FT: Morning at Lock 3 10am GS Resource Consultant 10am WFYS Grantham Site Closed	16 FT: Wee Wiggles Baby Buds 9:30am WFYS Gym Time 11:15am WFYS Grantham Site Closed	17 CW: Father's Day Coasters 10am WFYS
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Thorold Site Closed Monday June 29 - June 30					