



# School Programs

YMCA of Niagara Youth Action is a social and recreational drop in program for community youth between the ages of 10 to 15 years old. Our week-night school programs give youth the opportunity to go to a local school gym and participate in sports, gym games and special events. The program is absolutely free and there is no registration required. Most programs run from 6-8pm.

2008 school programs begin in October and run until the end of May with breaks during school holidays.

## **Monday Nights**

|                    |                |
|--------------------|----------------|
| Our Lady of Fatima | St. Catharines |
| Alexandra          | St. Catharines |
| St. John Bosco     | Port Colborne  |
| Sacred Heart       | Chippawa       |
| Notre Dame         | Niagara Falls  |

## **Tuesday Nights**

|                    |                |
|--------------------|----------------|
| Parnall            | St. Catharines |
| St. Christopher    | St. Catharines |
| Matthews           | Welland        |
| Jacob Beam         | Beamsville     |
| Our Lady of Fatima | Grimsby        |
| Crystal Beach      | Fort Erie      |
| Queen Mary         | St. Catharines |

## **Wednesday Nights**

|               |                |
|---------------|----------------|
| Ferndale      | St. Catharines |
| Steele Street | Port Colborne  |
| Empire        | Welland        |

## **Thursday Nights**

|                |                |
|----------------|----------------|
| St. Anthony    | St. Catharines |
| Lockview       | St. Catharines |
| Gordon Public  | Welland        |
| St. Joseph     | Niagara Falls  |
| College Street | Smithville     |

Stokes After School Program runs Monday – Friday in St. Catharines from 3:30-5:30pm.